1. Fill out the Vial of Life form
   - Fill out the vial form located on reverse side. Answer all or any pertinent questions.
   - Make blank copies of this form to keep information current or go to www.vialoflife.com to maintain and store updated information.

2. Place decal on front of a plastic baggie
   - Place filled out vial form in the plastic baggie. You may also consider placing the following items in the baggie:
     - Copy of EKG
     - Living Will or equivalent
     - DNR (Do Not Resuscitate)
     - Recent picture of self

3. Place the baggie on your refrigerator door
   - Securely tape plastic baggie to front of refrigerator door.
   - Place plastic baggie at eye level so that anyone responding to a medical emergency can find complete medical information.

4. Place the second decal on your front door
   - Place second decal on the front door or window for easy visibility by anyone responding to a medical emergency.

For convenience maintain this information at www.VialofLife.com
List hearing difficulties
List vision difficulties

Identifying Marks

Current Medical Conditions

Past Medical Conditions

Current Medications: Dosage and Frequency

Allergies to Medications

Doctors Name and Telephone Number

Last Hospitalization

Special Instructions such as health directives, etc...

Health Insurance Policy

Emergency Contact Notification - Name - Address - Phone - Relationship

PLACE ON REFRIGERATOR DOOR - PLEASE PRINT CLEARLY