Subject: This is personal (Giving Tuesday request)  
From: Tish Leon

Dear friend,

Today is the day to give to CARA.

All year long – every day - CARA is fighting for the rights and benefits of seniors.

We are protecting Medicare, Medicaid, and Social Security. Fighting for protections, policies, and programs that benefit seniors in our local communities, our state, and nationally.

In my case this is personal.

You can watch my story here.

The work that CARA does to protect our benefits and fight for guaranteed health care for all, affordable housing, long term care, pension protection is so important for me and people like me.

I am able to make it because programs like Social Security and Medicare. I am healthy now, but if I ever need support at home, I will not be able to afford it. I don’t want to end up in a nursing home.

CARA's work is critical to the lives of everyday seniors like myself.

It’s why I believe so deeply in the work of CARA. Their fight is my fight.

Their organizing work is for me and my friends and family.

Let’s take a minute to support the work they do. Click here to donate.
I know many organizations are have been asking for money – especially in this time of Covid -19. But CARA’s advocacy definitely impacts me and the programs I depend upon.

I’m emailing you today for CARA’s Giving Tuesday - Can you help CARA with a $25, $50 or $100 contribution for the organizing work they do? [Click here](#)

A small donation goes a long way in CARA for our organizing work in 2022.

Thank you from the bottom of my heart.

In friendship,

[Tish Leon](#), Vice President of CARA

P.S. Please give generously today to CARA. A donation of $25, $50 or $100 will help us with our organizing work next year. We need another $3450 to meet our goal of $5000 this year. [Click here](#) or send a check to CARA at PO Box 23754, Oakland CA 94615.