The California Labor Federation
and its 2 million members salute

THE
CALIFORNIA ALLIANCE
FOR
RETIRED AMERICANS

ART PULASKI, Executive Secretary-Treasurer
KATHRYN LYBARGER, President

UNION STRONG

California LABOR Federation
www.CaliforniaLabor.org
Welcome!
CARA’s 18th Annual Regional Convention

October 26th and 27th, 2021
held virtually via Zoom/Teleconference

600 Grand Ave. #410, Oakland, CA 94610
877-223-6107 (toll free)
www.californiaalliance.org
Dear CARA Members and Friends,

Wow! We made it through another year (almost) sheltering in place, but with a bit more hope and ability to get out and visit our families and our friends thanks to the vaccine and adhering to mask and social distancing protocols. We are not out of the woods yet, but it does feel like there is a light at the end of this difficult time. What better way to celebrate and get ready for a very important election year in 2022 than CARA’s 18th Annual Convention? We have gotten really good at this Zoom thing (even I can almost do it myself) and we hope that this might be the last time we conduct a convention totally virtually.

This has been an incredibly difficult time for all of us. We grieve for those we have lost to Covid and other illnesses this year, as we continue to struggle with the racist practices of some of our law enforcement agencies, efforts to suppress our votes, and more. But with the new President and his Administration, we have also seen some encouraging signs to bring back the social programs and institutions that help us live economically secure, healthy and independent lives. We have so much more to do.

The one thing that has kept me going, and hopeful, is the work that CARA has been doing during these difficult times. We have continued to connect with our members through our CARA Alerts which we email at least once a week, our CARA Action Team meetings that have been happening using ZOOM and teleconferences, our Fabulous Friday Forums, and our great legislative work. We had two virtual lobby events – one focused on state legislation with our 120 state elected officials and one focused on national issues with our 53 members of the CA Congressional Delegation. I am so proud to be part of this work and this great organization.

So, it is with mixed feelings that I have decided not to run for another term as your President. I have been with CARA since it was just an idea – and became its President at our founding convention in L.A. 18 years ago. Through this time I have chaired hundreds of meetings, led press events and rallies, spoken to most of our affiliated organizations at one time or another, wore dozens of costumes and hats, and even sang some of the crazy songs that CARA sings as part of our issue organizing work. I even dressed up as Glenda, the Good Witch and walked the halls of the Capitol with my fellow Wizard of Oz characters, calling for the legislature to have a heart, courage and a brain as they consider proposals to support healthy aging and independence. During my tenure we have expanded access to health care, increased SSI payments, protected essential programs and services for seniors at the local, state, and national levels, and engaged and organized thousands of seniors across the state. It is mind boggling what our great leaders, members and staff have been able to accomplish.

I plan to continue working with CARA and remain on the Board of Directors as President Emeritus – you can’t get rid of me that easily. But it is time for me to pass the gavel and the hats to the next CARA leader who I know will continue the great work and traditions that have been developed during my tenure. Together, we have built more than just a great grassroots advocacy organization on senior issues – we have created a real community of senior advocates and activists. It feels like we are one big family – and one that I am so proud to have led for the last 18 years.

And even though I continue to miss seeing you in person, sharing a joke, a chat, a cup of coffee, and a smile, I want to thank you for the honor of being the CARA President, and I am looking forward to continuing to work with this wonderful organization – and seeing you all in person – soon.

Nan Brasmer
CARA President
Dear CARA Members,

On behalf of the national Alliance, I’d like to offer a warm welcome to all of the participants in the California Alliance’s 18th Annual Convention. I know the meetings will be informative and productive for everyone involved and commend you for continuing your strong advocacy work while protecting everyone’s health.

This past year, the California Alliance for Retired Americans demonstrated the power of effective organizing despite a deadly global pandemic. Together we have fought off attacks against our earned Social Security, Medicare and pension benefits by mobilizing retiree activists in brand new ways.

CARA members have achieved important victories for older Californians at all levels of government. Already this year you have held 100 virtual visits with state legislators on CARA’s issue priorities and helped hundreds of seniors without computer access register for covid vaccinations. I am confident your work will serve as an excellent model for other states this year as well.

You have my gratitude for your hard work and effectiveness. We’ve made great progress in the fight for retirement security, but our work isn’t done. Onward!

Sincerely,

Robert Roach, Jr.
President
The committee members, volunteers and staff who participated in the planning, contributed their time and resources, and carried out the multitude of tasks involved in bringing you this event deserve our sincere thanks and appreciation.

We also give special recognition to the following unions, organizations, foundations, businesses, and individuals for their financial support and for helping make this event possible.

**MAJOR CONVENTION SPONSORS**
- AFSCME COUNCIL 57
- Community Living Campaign
- California Nurses Association
- California Labor Federation
- California School Employees Association
- California School Employees Association Retiree Unit
- Consumer Attorneys Public Interest
- CTA/NEA-Retired
- IAMAW Western Territory
- IBEW Local Union 11
- IBEW Local Union 47
- IBEW Local Union 569
- IBEW Local Union 617
- IBEW Local Union 1245
- IUOE Local Union 12
- Kazan, McClain, Satterly & Greenwood
- National Union of Healthcare Workers
- Northern CA District Council of Laborers
- Plumbers, Stamfitters & Refrigeration Local Union 230
- Plumbers, Stamfitters & Refrigeration Local Union 393
- SEIU 1000
- Senate Pro-Tem Toni Atkins
- Sonoma County Association of Retired Employees
- SEIU 521
- SEIU 721 Retirees
- UDW, AFSCME Local 3930
- United Steelworkers Local Union 675

**PROGRAM BOOK SPONSORS**
- AFSCME-CA Retirees Chapter 57 and 142
- Alameda CARA Action Team
- Alcohol Justice
- Alliance for Retired Americans
- Alma Accupuncture
- American Postal Workers Union #4635
- Bakersfield CARA Action Team
- California State Retirees
- CARA Legislative Committee
- Central Valley CARA Action Team
- Contra Costa/Solano CARA Action Team
- Five Counties Central Labor Council
- Fresno CARA Action Team
- Healthcare for All/Physicians for a National Health Program
- Humboldt and Del Norte Counties Central Labor Council
- IBEW Local 595 Retirees Club
- Inland Empire CARA Action Team
- International Union of Elevators Constructors Local 8
- Long Beach Gray Panthers
- Los Angeles CARA Action Team
- Los Angeles Forum
- Marin CARA Action Team
- Newman & Jones, Inc.
- Orange CARA Action Team
- OWL San Francisco
- Peace and Freedom Party of California
Placer CARA Action Team
San Diego CARA Action Team
San Francisco CARA Action Team
San Francisco Gray Panthers
Santa Clara CARA Action Team
SEIU 1021 Retirees
SEIU 1021 Retirees East Bay
Sheet Metal Workers Retirees Club
Sonoma CARA Action Team
Teamsters Local Union 70
William L. Curtis Retirees Club of San Diego

INDIVIDUAL SPONSORS
Addie Brinkley
Carol Garvey
Cecilia Cunningham
Cynthia Lopez
Dawn Bronsema
Elizabeth Pataki
Jodi Reid
Margaret Shelleda
Michael Nye
Mike Fursman
Nan Brasmer
Pauline Brooks
Richard Benson
Sandra Mack
Silvia Brandon-Perez
Tish Ochoa
Tom Rankin
Wayne Ihrig
In Memory of Roosevelt Daniels
In Memory of Esther Acosta

FOUNDATION SUPPORTERS
Metta Fund
May and Stanley Charitable Foundation
The California Endowment

IN-KIND SUPPORTERS
Alcohol Justice
California Labor Federation
Carpenters Local 405-San Jose
City of Richmond, Commission on Aging
Carrs Restaurant-Cerritos
Community Living Campaign
Denny’s Restaurant-Glendora
Evolve-CA
Five Counties Central Labor Council
Grace Vargas Senior Center
IBEW Local 340, Redding
ILWU District Office, San Francisco
Independent Living Center of Kern County
Manteca Public Library
National Union of Healthcare Workers
City of Rialto, Community Services Department
SEIU Local 721
Sheet Metal Workers Local 206, San Diego
Social Security Works, Washington DC
South Berkeley Senior Center
Teamsters Local 952, Orange
UDW, Placer
UFCW Golden State, Fresno
Unitarian Church of Santa Rosa - Glaser Center
Villa Serena Stanford Club House, Rocklin

IN LOVING MEMORY OF THESE CARA MEMBERS
Juanita Barbarin
Don Bechler
Charlie Bean
Daisy Brooks
Denise D’Anne
Roosevelt Daniel
Margaret Ernest
Gloria Perkins
Bill Powers
Lynda Wong
Nan Brasmer and Dawn Bronsema have been the State President and Secretary of CARA since our founding Convention in 2003. Both have attended hundreds of Board and Executive Committee meetings, press events and rallies, visits with legislators, and represented CARA at dozens of organizations over the last 18 years.

Nan has been the Chair, Moderator and Spokeswoman for CARA and has done this with grace, expertise, and a friendly smile – making all feel welcome and appreciated.

Dawn has taken minutes at all of our Board meetings for 18 years – always diligently getting them in on time and ready for adoption.

Both Nan and Dawn are “retiring” from these statewide offices, but they promised that they are not leaving CARA.

We want to take this opportunity to say a big THANK YOU to them both for their leadership, commitment, tenacity and spirit. CARA would not be the powerful, effective and caring organization it is without them.

While we are saying thank you to Nan and Dawn, we also want to thank some of CARA’s Vice Presidents who will not be running for another term. We will miss them at Board meetings, but we won’t let them get too far from CARA and our work. They are:

Kathy Piccaglia, OWL – San Francisco
Mike Scafani, IBEW Retirees
Mary Alice Sedillo, Democratic Women’s Study Group
Fran Smith, Yolo County Alliance on Aging
CARA helped collect 400+ stories for our campaign to include $400 billion for Home and Community Based Services in the Build Back Better Federal Infrastructure Plan. We continue to fight for this funding.

CARE IS ESSENTIAL
400 HCBS STORIES FOR $400B FOR HCBS
AUGUST 2021
Thank You
TO OUR “NO ON THE RECALL” POSTCARD VOLUNTEERS:

Alesia Poynter
Alice Fichandler
Andrea Daleuski
Ani Siegel
Ann Munoz
Anna Givens
Anthony Avila
Barbara Brass/Pat
Thompson
Becky White
Beth Gonzalez
Beverly Sigo
Bill Kline
Bobbie LaNoue
Bruce McLean
C. T. Weber
Carla Neal
Carol Draizen
Carol Sewell
Carolann Johnson
Cecilia Cunningham
Charlotte
Cheryl Brown
Cheryl Lyons
Cheryl McKinley
Christina Jasper
Chuck Walker Sr
Chynna Clugston Flores
Cynthia Kinavey
Cynthia Lopez
Danett Abbott-Wicker
David Rinehart
David Williams/Alice Rogoff
Deborah Cardona
Deborah Favorite
Deborah Spanier
Deborah Thomas
Devon Adrian
Diana Madoshi
Dolores Gholar
Doreen Silva
Dr Bill Honigman
Ed Denebeim
Elaine Paisley
Elizabeth Patak
Ellen Yip
Ellen Yoshitsugu

Enaya Hanbali
Eva Goodwin-Noriega
Fay Wong
Fran Smith
Gail Knowles
George Bates
Ginny Moody
Glen Van Lehn
Gloria McGuire
Gordon Miller
Gwendolyn Jones
Hali Hammer
Heidi Mayer
Hene Kelly
Holli Stewart
Inga Minton
Ivary Butler
Jacque Ensign
James Costello
Jana Hollyneck
Janice Rothstein
Jenni Chang
Jeffrey Giampetro
Jenny Robledo
Jo Carson
Joaquim Miramontes
Jodi Reid
Jonathan Flores
Jonathan karpf
Joseph W Kasper
Judy Jackson
Judy Rice
Julia Doyal
Julie Curran
Karen Fishkin
Kate Morley
Kathie Fotinos
Kathryn Donahue
Kathy Bregder
Kathy Fotinos
Keith Umemoto
kerry Wicker
Kim Lannone
Kris Organ
Kristen Loomis
Laura Mogensen
Leana Babineaux
Leanna Noble
LENA STEEN
Letitia Ochoa
Linda glasscock
Linda Perez
Lisa Ekstrom
Luella Davis
Margaret Blondis
Margaret Shelleda
Margie Paxton-Fromm
Margo Praus
Maria Guillen
Marie Thomas
Marilyn Prutt
Marinell Daniel
Mark Licht
Martha Garcia
Mary Clarke
Mary Sue BIZZARRI
Mervis Reissig
Michelle Krug
Mike Boyd
Mo Murphy-Joyce
Molly A. Muro
Monica Atiya
Murai Moore
Myra Coble
Myron Wollin
Myrtle Braxton
Nan Fuller
Nancy Brasmer
Nancy Malcolm
Nancy McPherson
Nancy Russell
Nancy Topoozian
Naomi Williams
Nel Benninghof
Nick Carter
Nick Pasquariello
O’Neill Louchard
Olga Garcia
Pam Moody
Pamela Rood
Patricia Day
Patricia Gainer
Paul Sanford

Paula Rochelle
Pauline Brooks
Peggy Gray
Patti Perrault
Peter Shapiro
Faye Wong
Phylis Demchick
Phylis Grenier
Rachel Youdelman
Richard Dawson
Richard Hathaway
Robert McCloskey
Ron Martin
Roni Love
Roxie Patterson
Ruth Carter
Ryan Basham
Sandra Lara
Sandra Taylor
Sara Cleveland
Shahrzad Shishegar
Sharman Nichols
Sharon Nakamoto
Sheila Goldmacher
Sid/Sylvia Corrales
Stephen Smith & Carla Neal
Susan Rowe
Susan Chacin
Susan Hammer
Susan Meyer
Susan Schmale
Sydney Morgan
Sylvia Brandon-Perez
Theresa Hollingsworth
Theresa Karr
Theresa Petry
Tim McDermond
Tina Martin
Tish Leon
Valeeta Pharr
Vic Bernsdorff
Victor Costa
Vincent Loughney
Vivian Franco
Wayne Whittaker
Windsor Young
WHO WE ARE: The California Alliance for Retired Americans (CARA) is a statewide nonprofit organization that unites retired workers and community groups to win social and economic justice, full civil rights, and a better, more secure future for ourselves, our families, and future generations. CARA is the official state affiliate of the Alliance for Retired Americans.

WHAT WE DO: CARA is building a statewide network of hundreds of organizations for the purpose of educating and informing its membership, the public, and elected officials about issues that affect the well being of California’s older adults and mobilizing its members to take actions on these issues. CARA is a charitable organization exempt from federal taxation under section 501(c)(4) of the IRS code. CARA’s sister organization, the CARA Education Fund has been developed as the training and education arm of CARA and is a 501(c)(3).

WHO WE SERVE: As an umbrella organization for hundreds of affiliated groups, CARA serves a combined membership of over 1 million Californians. Its broad-based coalition includes senior centers, tenant associations, retired public employee organizations, trade union retirees, and a variety of other agencies and associations.

CARA Staff & Consultants
Jenni Chang, Communications Director, and LA County Organizer
Cynthia Lopez, Administrative Coordinator
Susan Meyer, Southern CA Organizer
Jodi Reid, Executive Director, and Northern CA Organizer
California Alliance for Retired Americans/ CARA Education Fund*

**ORGANIZATIONAL BUDGET**
For Calendar Year January 1 – December 31, 2021

<table>
<thead>
<tr>
<th><strong>PROJECTED INCOME</strong></th>
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<tr>
<td>Foundations</td>
<td>176,400</td>
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<tr>
<td>Membership Dues</td>
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<td>In Kind Contributions</td>
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<td><strong>Total Projected Income</strong></td>
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<tr>
<th><strong>PROJECTED EXPENSES</strong></th>
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<tr>
<td>Staff Salaries, Taxes, Benefits</td>
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<tr>
<td>Operating Expenses</td>
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<td>Training Costs</td>
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<td>Travel/Mileage</td>
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<tr>
<td><strong>Total Projected Expenses</strong></td>
<td><strong>$446,400</strong></td>
</tr>
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*This is the combined Budget of CARA and the CARA Education Fund*
CARA has become the leading progressive grassroots movement for seniors in California, representing over 1 million seniors through our 300+ affiliated organizations. In the midst of the COVID-19 pandemic, CARA has been able to stay connected and engaged with our members, the legislature, and the public.

CARA’S 2021 ACCOMPLISHMENTS INCLUDE:

1. Recruited 300+ volunteers to write a total of 20,000 postcards urging seniors to vote against the Recall of Governor Newsom.

2. Sponsored a “Senior and the Recall” Forum to explain the recall ballot, how to mark your ballot, what your vote means, and what is at stake in the recall election.

3. Held twice monthly Fabulous Friday Forums on key CARA issues and campaigns, including a one-person play performed by Josh Kornbluth – with thousands participating.

4. Successfully advocated for SSI recipients to receive stimulus checks, increased the SSP portion of the grant for the first time in 12 years, and won California’s Golden State Stimulus payment ($600) for SSI recipients.

5. Sponsored a statewide virtual town hall meeting on July 30th to celebrate the anniversaries of Medicare/Medicaid, Social Security, USPS, and the proposal to provide $400 billion for Home and Community Based Services. Followed up this celebration with Congressional visits (virtually) with most of the 53 members of the CA Congressional Delegation.

6. Joined with the Long-Term Services and Supports (LTSS) for All Coalition to promote universal LTSS at the State Level (the Dept. of Insurance LTSS Task Force), and turned out dozens of CARA members for two rallies in LA and Oakland to support the $400 billion in HCBS funding.

7. Collected over 400 personal stories about why Home Care is Essential and included them in a book presented to Speaker Pelosi on August 27th and sent to all 53 members of the CA Congressional Delegation.

8. CARA’s Legislative Committee wrote letters on over 100 bills and identified 6 bills/issues as priorities. Two of these bills passed the Legislature and are awaiting the Governor’s signature. The other 4 bills became two-year bills and will be heard at the beginning of 2022.
9. Sponsored our second virtual in-district Lobby Day with 100 of the 120 state legislators – all on May 21st. Over 200 CARA volunteers attended one of these virtual meetings.

10. Continued to hold our 17 monthly CARA Action Team meetings virtually – using Zoom and Teleconferences to keep our folks involved and engaged. Our CAT callers continue to connect with all our members through phone trees to be sure that everyone is doing ok and to see if they need anything during this pandemic. Helped over 100 seniors register for vaccines on line (many do not have access to technology and needed assistance).

11. Through our work with the Master Plan on Aging and other senior and disability networks, participated in the release of the Governor’s Master Plan in early 2021 and held forums and workshops to explain what is included and how we can help support and expand the recommendations in the Plan.

12. Held a Zoom Forum followed by our first in-person (and safe) rally and car caravan in Sacramento urging the Governor to lead the way on guaranteed health care by requesting a federal waiver (which he did) and directing the Healthy CA Commission to develop a plan for a unified financing system so that CA can be the first in the nation to win guaranteed health care for all.

13. Continued to receive foundation support from the Mary and Stanley Smith Foundation, the Metta Fund, and the California Endowment. Increased our online fundraising efforts by 10%.

14. Continued to produce the CARA E-Alert newsletter e-mailing it at least twice a month and sometimes weekly, to more than 10,000 CARA members and activists to keep them informed and engaged.

15. Expanded the work of Jenni Chang, CARA’s LA County organizer to be the new CARA Communications Director to increase CARA’s online and social media presence.

16. All CARA staff continue to work and adjust to our virtual world – and help our members do the same. We will be advertising for a new organizer in the Central Valley starting in 2022.


18. CARA has become the ONLY grassroots, senior advocacy organization in California, building a strong senior movement that works to improve the quality of life for seniors and our families, and promotes policies to help us age with dignity, independence, and love.
## CARA’s 2021 Member Organizations

### SUSTAINING MEMBERS
- AFSCME State Council
- California Federation of Teachers
- California Professional Firefighters
- California Labor Federation
- California Nurses Association
- California School Employees Association
- District Council of Iron Workers
- National Union of Healthcare Workers
- Northern CA District Council of Laborers
- SEIU Local 2015
- SEIU State Council
- UDW, AFSCME Local 3930
- UFCW 8 Golden State
- UNITE HERE Local 2
- United Teachers Los Angeles-Retired

### CONTRIBUTING MEMBERS
- ABC Federation of Teachers, AFT Local 2317
- AFSCME Council 57
- AFSCME Retirees Chapter
- AFSCME-CA Retiree’s Chapter 57 and 142
- CA Teamsters Public Affairs Council
- California Conference Board ATU
- California Professional Firefighters
- CWA District 9
- Heritage Plaza Board of Directors
- IAM Automotive Trades DL 190
- IAMAW District 725
- IAMAW District 947
- IBEW Local 11
- IBEW Local 1245
- IBEW Local 332
- IBEW Local 47
- IBEW Local Union 617
- North Valley Labor Federation
- Northern California Sheet Metal Workers Local 104
- San Francisco CLC
- SEIU 1000
- SEIU 1021 Retirees
- SEIU-UHW
- South County Labor
- State Building and Construction Trades Council
- Teamsters Join Council 42

### MEMBER ORGANIZATIONS
- 721 Seniors Association
- ABC Federation of Teachers Retirees Local 2317-R
- ACEA Local 3090 AFCSME
- AFGE District Council 12
- AFSCME 3299
- AFT 2121 Retiree Chapter
- AFT Guild Local 1931 Retirees
- Aging Action Initiative
- Alameda County Federation of Retired Union Members (FORUM)
- Alameda Labor Council
- All Hallows Community
- Amalgamated Transit Union 1277
- American Postal Workers Union of CA Retirees Division
- Area Agency on Aging of Lake and Mendocino Co
- BAC Local 3 California
- Belmont Village Albany Resident Association
- Bennett House
- Berkeley-East Bay Gray Panthers
- Beth Eden Baptist Church Senior Ministry
- Butte County Health Care Coalition
- CA IHSS Consumer Alliance (CICA)
- California Association of Public Authorities
- California Civil Rights Law Group
- California Faculty Association, Fresno
- California School Employees Association Retiree Unit
- California Senior Leaders Alliance
- California State Retirees
- Center for California Homeowner Association Law Center on Policy Initiatives
- Central Coast CLC
- Coalition of Labor Union Women, SF Chapter
- Coalition of Organized Labor
- Committee for San Rafael Paramedic Services
- Community Living Campaign
- Construction Laborers Union Local 1130
- Consumer Federation of California
- Contra Costa Building and Construction Trades Council
- Contra Costa CLC
- CTA/NEA - Retired
- CTA/NEA-Retired North Bay
- CWA District 9 Retirees
- CWA Local 9417
- CWA Local 9423
- CWA Local 9509 Retired Members Club (CWA-RMC)
- CWA Retired Members Chapter 9421
- CWA Retirees 9510
- CWA RMC 9408
- Democratic Club of Central Orange
- Democratic Club of Courslegold
- Democratic Women’s Study Club
- Dignity Health
- Disability Action Center
- Disability Organizing Group for Initiating Total Equality
- Disaster Emergency Relief
- Elder Action
- East Bay Parks AFSCME Local 2428
- East Bay Regional Parks Retirees Association
- East San Gabriel Valley Democratic Club
- Easter Hill United Methodist Church and Society Committee
- Engineers and Scientists of CA Local 20
- FDR Democratic Club of San Francisco
- Five Counties CLC
- FORUM Santa Clara County
- Francis of Assisi Community
- Fresno, Madera, Tulare, Kings CLC, AFL-CIO
- Golden State Manufactured-Home Owners League, Inc
- Gray Panthers of Long Beach
- Gray Panthers of San Francisco
- Health Care for All - California
- Health Care For All - Marin
- Health Care for All Sacramento Valley
- Hubert H. Humphrey Democratic Club
- Human Agenda
- Humboldt and Del Norte Counties CLC
- IAM & AW Local 1546 Retiree’s Club
- IAM & AW Local 1584 Retiree’s Club
- IAM 946 New Horizons Retirees
- IAM 947 Retirees Silver Foxes
- IAMAW Automotive Trades DL 190
- IAM CA Conference of Machinists
- IAMAW District 725
- IAM Huntington Beach Retiree Club
- IAM Local Lodge 1781 Retiree’s Association
- IAM Local Lodge 946
- IAM William L. Curtis Retirement Club
- IAMAW AIL 727-N
- IAMAW Local 389
- IAMAW Local Lodge 1484 Retirees
- IAMAW Local Lodge 1528
- IAMAW Local Lodge 1546 Retiree Club
- IAMAW Local Lodge 1584 Retiree’s Club
- IAMAW Local Lodge 2182
- IAMAW Local Lodge 389
- IAMAW Local Lodge 653
- IAMAW Lodge 93
- IAMAW Peninsula Lodge 1414
- IAMAW Sunnyvale Lodge 2228
- IATSE Local 16 Theatrical Stage Employees
- IBEW Local 180 Retiree’s Club
- IBEW Local 234
- IBEW Local 332 Retirees
- IBEW Local 340
- IBEW Local 413 Retiree Club
- IBEW Local 428
- IBEW Local 441
- IBEW Local 477
- IBEW Local 569
- IBEW Local 595
- IBEW Local 595 Retired Members’ Club
- IBEW Local 639
- IBEW Local 684
- IBEW Local Union 18 Retirees Club
Representing 1 Million Older Californians

California Alliance for Retired Americans®
CARA’s 2021-22 Legislative Priorities

Two of CARA’s priority bills made it through the legislative process. AB 695 was included in the budget that was passed and signed by the Governor. SB 650 is on the Governor’s desk awaiting his signature (all bills on the Governor’s desk must be signed or vetoed by Oct. 10th).

**AB 695 - ARAMBULA**
HomeSAFE (funding for services to help folks get/stay housed)
Expands HomeSAFE program, lowers age to 60 for Adult Protective Services (APS), increases funding for HomeSAFE and APS.

**SB 650 - STERN**
Nursing Home Transparency and Accountability
Skilled Nursing Facility operators must file consolidated financial report including payments to self-owned “related parties”, where profits are hidden.

### 2021 -22 Year Priority Bills

*These bills will be considered in January 2022 (the 2nd year of a 2 year session) and will need to move through their first house by Feb. 2022 to remain active.*

**AB 1400 - KALRA**
CA Guaranteed Health Care Act (CalCare)
Guaranteed health plan covering all in California, regardless of income, employment, immigration status, race or gender, reduces current health disparities while eliminating co-pays, deductibles, premiums and out of pocket costs. Creates comprehensive benefit plan and expands coverage to include vision, dental, hearing, durable medical equipment, mental health, etc., including

**LONG TERM SUPPORT AND SERVICES**

**AB 1502 - MURATSUCHI**
Nursing Home Licenses
In an age of nursing home consolidation and monopolization, requires nursing homes that change hands fix prior violations before being granted new licenses.

**SB 260 - WEINER**
Corporate Climate Accountability Act
Requires major corporations who do business in California and make over $1 billion annually to publicly disclose their full carbon footprint in a way that is understandable and accessible to the public.

**SB 515 PAN / AB 911 PAN NAZARIAN**
LTSS Benefit Infrastructure and Framework
Identical bills. Will create a framework and oversight for the creation of an LTSS benefit.
The California Alliance for Retired Americans (CARA) is a statewide nonprofit organization that unites retired workers and community groups to win social and economic justice, full civil rights, and a better, more secure future for ourselves, our families, and future generations.

GET INVOLVED!
TAKE ACTION!
JOIN THE ALLIANCE!

As a CARA Member you will have access to additional information available on the CARA website, plus the option to join the CARA Action Team (CAT) in your area, receive CARA Action Alerts and invitations to participate in CARA activities in your community, information about the annual CARA Convention, and the opportunity to participate in surveys and discussion forums.

Affiliate Group:
If you have a group that is already active in your community and you endorse the principles and goals of the California Alliance for Retired Americans, we invite you to make our voice stronger and make a real difference on the issues you are concerned about most.

Become an Individual Member:
If you share CARA’s vision to protect the health and economic security of older Americans please join. For an annual membership fee of $15, you can add your voice to CARA and the Alliance for Retired Americans.

CARA Action Teams (CATs):
The grassroots action side of CARA, CATs, exist in communities across California. They hold regular meetings to plan activities designed to advance CARA’s issue priorities. Actions include rallies, legislative advocacy, writing letters to the editor and press conferences, town hall forum, etc.

JOIN CARA TODAY!

☐ ORGANIZATION AFFILIATION
I belong to a club, group or organization that would like to affiliate with CARA.
Please send us organizational affiliation material. Organization members of CARA have voting rights on important decisions and setting our issue priorities.

- 15-50 members $ 50  
- 501-over members $800  
- 51-100 members $100  
- Contributing members $1000-$4999  
- 101-250 members $250  
- Sustaining members $5000+  
- 251-500 members $500

☐ CARA ACTION TEAM (CAT)
I want to become involved with my local CAT. I want to help advocate for a prescription drug plan, long term care, affordable housing for seniors, protecting Social Security and our retirement pensions and universal health care.
I live in _____________________ County.

☐ INDIVIDUAL MEMBERSHIP
I want to join CARA as an individual member by paying:

- $15 per year  
- $40 three years  
- $200 lifetime

This membership entitles me to participate in both CARA and ARA activities and receive regular Action Alerts and the bi-annual newsletter.

Name ______________________________________________
Address ______________________________________________
City/State/Zip __________________________________________
Phone/Fax ____________________________________________
E-Mail _______________________________________________
Organization ___________________________________________

California Alliance for Retired Americans
600 Grand Ave., Suite 410 • Oakland, CA 94610
Phone: (510) 663-4086 • (415) 550-0828
www.californiaalliance.org
Join the CARA ACTION TEAM (CAT) in your Area or Start a New CAT in 2022

The CARA CATs are the local action centers for CARA. We share important information on key CARA issues and plan local strategies on these issues. Most of the CARA Action Teams (CATS) have regular monthly meeting dates and locations. If there is not a CAT organized in your area, and you would like to get one started, call the CARA office to find out how to schedule a CAT. Northern CA and Central Valley call 415-515-2156 or 877-223-6107 (toll free). For LA County call 917-424-3220, for Bakersfield, Orange, San Diego, Inland Empire call 714-460-3542. CURRENTLY, ALL CATS ARE MEETING VIRTUALLY via ZOOM/TELECONFERENCE. We hope to begin holding in person meetings in 2022, when it is safe to do so.

NORTHERN CALIFORNIA

ALAMEDA COUNTY: 2nd Tuesday of each month @ 10:00am, South Berkeley Senior Center, 2939 Ellis St., Berkeley. For more info: Sandra Johnson @ 510-861-6513 or Dee Rosario @ 510-835-3922.

CENTRAL VALLEY: 4th Monday of each month @ 10:00am; at the Manteca Library, 320 Center St, Manteca. Call Bob Roza @ 209-848-8040 or Jo Carson @ 209-227-5188.

CONTRA COSTA/ SOLANO COUNTIES: 2nd Monday of each month, 10:00am, Richmond Auditorium Hawaiian Room (enter at 2533 Nevin Ave. Richmond). Call Eli Williams 510-232-4690.

FRESNO AREA: 4th Tuesday of the month @10:00am at UFCW 8 Golden State, 3485 W. Shaw Street, Suite 101, Fresno, 93711.Call Gayle Chenoweth at 559-360-5955.

MARIN: Meets 1st Tuesday of each month at 1:00pm at Northgate Mall, Community room (enter elevator next to food court), 5800 Northgate Mall, San Rafael. Call Ruth Carter @415-492-8160.

NORTH STATE: Meets monthly on the 3rd Friday of the month from 10am-12 noon at the IBEW 340, 900 Locust St., Redding. Call Ron Stone @ 530-945-8021 (covers all counties north of Sacramento).

PLACER CTY: Meets 2nd Wed. of every month @ 10:00am-12 noon. Stanford Club House, 3220 Santa Fe Way, Rocklin. Diana Madoshi at quemere@sbcglobal.net or William Reed @ 916-396-6601. Potluck.

SACRAMENTO AREA: 3rd Thursday of the month @ 10:00am, Unitarian Universalist Church of Santa Rosa, Glaser Center, 547 Mendocino Ave. Santa Rosa. Call Dave Walker @ 707-681-9009 or Linda Graves @ 707-545-2811 or Bonnie Petty @ 707-579-5228.

SANTA CLARA COUNTY: 4th Thursday of the month @ 12 noon, South Bay Labor Center, 2102 Almaden Rd – Carpenters Hall, San Jose. Call Carol Garvey @ 408-472-6218 or Greg Miller @ 408-254-3311. Light lunch is served.

SONOMA: 3rd Wednesday of the month @ 10:00am, Unitarian Universalist Church of Santa Rosa, Glaser Center, 547 Mendocino Ave. Santa Rosa. Call Dave Walker @ 707-681-9009 or Linda Graves @ 707-545-2811 or Bonnie Petty @ 707-579-5228.

SOUTHERN CALIFORNIA

BAKERSFIELD: First Tuesday of every month from 1:30pm-3:30pm @ Independent Living Center of Kern County, 5251 Office Park Dr., Bakersfield, 93309. Call Ernest Harris @ 661-706-2566.

INLAND EMPIRE: First Monday of every month from 10:00am - 12:00pm Grace Vargas Senior Center, 1411 S. Riverside Ave, Rialto. Call Tish Ochoa @ 909-855-1891 or Marion Arguello @ 909-591-1864.

LOS ANGELES: 4th Tuesday of every month at 1:30pm @ SEIU 721, 1545 Wilshire Blvd, Los Angeles, CA 90017. Call Bonnie Coleman @ 323-666-4224 and Gwen Jones (all LA County CATs meeting on 3rd Monday at 10am).

ORANGE COUNTY: 3rd Wednesday of the month @ 10:00am; Teamster Local. #952,140 S. Marks Way, Orange. Call Cecilia Flores @ 714-458-2208.

SAN DIEGO: 3rd Tuesday of the month @11:00am-1:00pm, Sheetmetal Workers Local, 4594 Mission Gorge Place, San Diego, 92120. Call Editha Adams @ 619-263-7254.

SAN GABRIEL VALLEY: Meets on the 3rd Monday of each month 10:00am-12 noon at Denny’s Restaurant, 546 West Baseline Rd. Glendora 91740. Call Larry Marotta @ 626-698-4108 (all LA County CATs meeting on 3rd Monday at 10am).

SOUTHEAST LOS ANGELES COUNTY: 3rd Monday of every month at Carrows, 19011 Bloomfield Ave. Cerritos, CA 90703. Lunch available for purchase at 12:30pm, meeting starts at 1:00pm. Call Myron Wollin @ 562-596-5239 (all LA County CATs meeting on 3rd Monday at 10am).

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SACRAMENTO AREA: 3rd Thursday of the month @ 10:00am, 1127 11th St, Room 425, Sacramento (CLF office). Call Hene Kelly @ 415-533-5244. This CAT functions as CARA’s Legislative Committee.

SAN FRANCISCO: 2nd Thursday of the month @1:00pm, ILWU, 1188 Franklin St. 4th floor, SF. Call Michael Lyon@ 415-215-7575 or David Williams @ 415-939-5149.

SANTA CLARA COUNTY: 4th Thursday of the month @ 12 noon, South Bay Labor Center, 2102 Almaden Rd – Carpenters Hall, San Jose. Call Carol Garvey @ 408-472-6218 or Greg Miller @ 408-254-3311. Light lunch is served.

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The CARA Education Fund is the sister organization to CARA. The purpose of CARA Education Fund is to create a statewide organization in order to educate, develop policy, research, and provide technical assistance to inform and train seniors, senior organizations, the public, the media, and policy makers about issues that affect the well being of senior citizens. The CARA Education Fund’s work is consistent with the educational and social welfare purposes of a charitable organization exempt from federal taxation under section 501(c)(3) of the Internal Revenue Code.

The first project of the CARA Education Fund was the formation of the CARA Leadership Academy – a training and skills building program for CARA’s current and emerging leaders. The first Academy was held in June 2006 in Burlingame. Since then, CARA Education Fund has sponsored thirty other Academies in Southern, Northern, and Central California. Nearly 1100 students have completed the course.

The CARA Education Fund is proud to introduce its’ Board of Directors:

Sharon Nakamoto, President | Louie Duran, Vice President | Dawn Bronsema, Secretary
Nan Brasmer, Treasurer | Carol Garvey | Sandra Mack | Dee Rosario | Bill Klinke.

The CARA Education Fund would like to congratulate the 2019 Graduating Class of the CARA Leadership Academy held in the Inland Empire in November 2019.
The CARA Leadership Academy is CARA’s premiere training program. Sponsored by the CARA Education Fund (CARA’s C3 sister organization), the Leadership Academy is designed to provide hands on, fun, training modules to enhance leadership skills to help CARA members become more effective advocates on the issues we care about.

The Leadership Academy is designed to be an in-person, 2-day session, starting at 9am and ending by 4pm. These sessions are held throughout the State, usually twice a year, rotating locations. This allows CARA members and partners to participate in a session close to their home, while arranging for lodging for those folks who do not want to travel back and forth to the training location each day. In 2022 we hope to be able to offer at least one in-person training, possibly two, depending on the status of the Covid-19 vaccine and shelter in place orders.

In addition to our 2-day in person training, we are developing a few leadership modules that we hope to offer virtually. These modules will be no more than half day in length, and offered via Zoom. The two modules under development are “How to Communicate with Elected Officials”, and “Embracing Diversity- Building the Senior Movement”.

Anyone can attend our Leadership Academy trainings, although space is limited in order to be able to work with participants more closely and provide a meaningful, participatory environment. The cost for attending the 2-day training is FREE to CARA members (and members of CARA affiliated organizations). The cost is $50 for non-CARA members. Continental breakfast, lunch, snacks and materials are provided by CARA for in person trainings. Lodging and travel costs are the responsibility of the participants. The virtual trainings will be FREE but registration will be required.

If you are interested in attending a CARA Leadership Academy, either in person or virtually, please contact the CARA office at 877-223-6107 or email us at info@californiaalliance.org. Please let us know your name, phone and email address, and where you live so that we can let you know when a Leadership Academy is scheduled in your area.

“Never doubt that a small group of thoughtful, committed citizens can change the world. In fact, it’s the only thing that ever does.”
— Margaret Mead
Empowered Elder Workshops

Coming to you now with more choices and formats in 2021/22

Staying healthy and engaged is no easy matter these days. But with a little help from our friends, neighbors, and families, we can be informed and empowered to do just that!

We are offering our popular and informative Empowered Elder Workshops to CARA Action Teams, CARA Affiliated Organizations, and Partner Organizations. These workshops can be offered in person (when safe) and virtually.

These presentations and discussions are between 1 or 2 hours long, and can be held alone or combined for a longer, full day program.

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Here are our Empowered Elder Workshop Options:

- The Lifesaving “Vial of Life”
- Protecting Your Rights in a Hospital Stay
- Strategies to Finish Your Advanced Directive
- Emergency Preparedness in Natural Disasters and Pandemics

Consider inviting us to your existing group or meetings for a taste of how we facilitate a peer-based model of learning/teaching. We can also schedule a special session based on your needs and interests in person or virtually.

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Issue Trainings Also Available

- Protecting, Improving and Expanding Medicare, Medicaid and Social Security
- Why a Medicare for All System is Good for Seniors and People with Disabilities
- Strategies for Building a Strong Labor Retiree Unit in your Union

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For more information, contact CARA at 877-223-6107 (toll free)

Aging and disability-friendly communities start with you!
**Strategies for Building a Strong Labor Retiree Unit in your Union**

**Why a Medicare for All System is Good for Seniors and People with Disabilities**

**Protecting, Improving and Expanding Medicare, Medicaid and Social Security**

**Issue Trainings Also Available**

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**Attorney General Rob Bonta** is the Governor of California, former Lieutenant Governor of California, and former Mayor of San Francisco. Newsom is widely recognized for his willingness to lead — repeatedly developing, advocating, and implementing innovative and groundbreaking solutions to some of our most challenging issues. On a wide range of topics including same-sex marriage, gun safety, marijuana, the death penalty, universal health care, access to preschool, technology, criminal justice reform, and the minimum wage, Newsom stuck his neck out and did the right thing, which often led to sweeping changes when his policies were ultimately accepted, embraced, and replicated across the state and nation.

Newsom’s top priorities for his administration are tackling our state’s affordability crisis, creating inclusive economic growth and opportunity for every child, and standing up for California values — from civil rights, to immigration, environmental protection, access to quality schools at all levels, and justice. He is the first Governor to adopt a Master Plan for Aging which developed a blueprint to address the needs of California’s growing aging population over the next 10 years. Governor Newsom is married to Jennifer Siebel Newsom. They have four children: Montana, Hunter, Brooklyn, and Dutch.

**U.S. Senator Alex Padilla** is the proud son of immigrants from Mexico. After graduating from MIT, Padilla was elected to the Los Angeles City Council where he served as the youngest Council President in Los Angeles history and provided citywide leadership at critical times, including serving as acting Mayor during the tragedy of September 11, 2001. He was elected to the State Senate in 2006 to represent the more than 1.1 million people in the San Fernando Valley. Padilla served as California’s first Latino Secretary of State starting on January 5, 2015, and was re-elected in 2018, working to make our elections more accessible and inclusive, while fighting to protect the integrity of our voting systems. As California’s Junior U.S. Senator, Padilla serves as Chairman of the Judiciary Subcommittee on Immigration, Citizenship, and Border Safety. He also serves as a member of the Senate Committees on Budget, Environment and Public Works, Homeland Security and Governmental Affairs, Judiciary, and Rules. Senator Padilla lives in the San Fernando Valley with his wife Angela and their three sons: Roman, Alex and Diego.

**Secretary of State Dr. Shirley Weber** was nominated to serve as California Secretary of State by Governor Gavin Newsom on December 22, 2020 and sworn into office on January 29, 2021. She is California’s first Black Secretary of State and only the fifth African American to serve as a state constitutional officer in California’s 170-year history. Weber attended the University of California, Los Angeles (UCLA), where she received her BA, MA and PhD by the age of 26. Prior to receiving her doctorate, she became a professor at San Diego State University (SDSU) at the age of 23. She also taught at California State University at Los Angeles (CSULA) and Los Angeles City College as well as SDSU. Before her appointment, Secretary Weber served four terms as an Assembly Member representing California’s 79th Assembly District, which includes parts of the City of San Diego as well as several cities and communities in the San Diego region. Weber also served as a member and chair of the San Diego Unified School District and has twice served as a California Elector, including chairing the California College of Presidential Electors on December 14, 2020.

**Kim McCoy Wade** is the director of the California Department of Aging, where she is modernizing and improving the department while shepherding and leading the Master Plan for Aging process — which the governor released earlier this year. She served at the California Department of Social Services as the CalFresh & Nutrition Branch Chief, where she led the expansion of CalFresh food benefits to older adults and people with disabilities, as well as several data and technology initiatives, including the GetCalFresh mobile application. She previously served as a consultant to multiple health and human services non-profits and as Executive Director of the California Association of Food Banks. Earlier in her career, she worked in Washington, DC for the Children’s Defense Fund, Bread for the World, and Alliance for Justice. She is an alumna of NYU School of Law, Carleton College, and the Jesuit Volunteer Corps.

**Jon “Bowzer” Bauman** was born in Brooklyn, New York. He started attending The Juilliard School at age 12 with an expertise in piano playing, and is a 1964 graduate of Martin Van Buren High School in Queens Village, Queens. He then attended Columbia University, graduating in 1968. Bauman was a member of the band Sha Na Na between 1970 and 1983. He was featured in the television comedy/variety show Sha Na Na from 1977 to 1981. In the late 1970s, Bauman appeared as “Bowzer” (loosely in-character) on many game shows, including Match Game and Password Plus. As Bowzer continued to sing, perform, and participate in game shows and films, he also became very interested in the issues of Social Security and Medicare, and the importance of electing representatives who will support these programs. He is the President of the Social Security Works PAC and travels around the country singing and engaging voters in key elections. Bowzer has been a part of CARA’s Senior Vote Program since 2018.

**Josh Kornbluth** is an American comedic autobiographical monologist based in the San Francisco Bay Area who has toured internationally, written and starred in several feature films, and starred in a television interview show. Many CARA members enjoyed Josh’s videos and Zoom performance of Citizen Brain as part of CARA’s Fabulous Friday Forums. Kornbluth was born in 1959 to mother “Bunny” and father Paul, the oldest of four children. Raised in New York City, he briefly attended Princeton University but dropped out, never completing his undergraduate degree. He worked as a copyeditor in New York before moving to San Francisco in 1987. In 2014, Kornbluth served as the inaugural artist in residence for the Zen Hospice Project in San Francisco. In 2017, Kornbluth served as an Atlantic Fellow with the Global Brain Health Institute at the UCSF Memory and Aging Center.
Guaranteed Health Care for All

Learn about upcoming opportunities to move guaranteed health care for all Californians forward - with improved benefits, choice of providers, at less cost to you, employers, unions and the public sector. Focus will be on current efforts to get the Governor to lead the way for single payer, the Healthy CA Commission, and the next steps for AB 1400 – CALCare in the next legislative session.

Pilar Schiavo, Healthy California Now (healthyca.org)
Jenni Chang, CARA, Communications Director/LA Organizer (californiaalliance.org)
Kathryn Donahue, CARA V.P./Moderator

Affordable Housing for All

Housing has become one of the key issues facing California as our state becomes less and less affordable for working families, students, seniors and people with disabilities. Our panel of experts will talk about efforts to increase the supply of affordable housing and protect existing affordable housing, and prevent homelessness. We will also share information about current and future campaigns to provide protections to tenants so that they can stay housed and avoid eviction, find appropriate and affordable units, etc.

Affordable Housing Development: Nabihah Azim, Mercy Housing CA (mercyhousing.org)
Renter’s Rights & Protections: Francisco Duenas, Housing CA Now (housingnowca.org)
Home Owner Associations: Marjorie Murray, CCHOAL (calhomelaw.org)
Homelessness and Seniors: Janny Castillo, St. Mary’s Center (stmaryscenter.org)
Hene Kelly, CARA V.P./Moderator

Long Term Supports and Services (LTSS) for All

One of CARA’s priorities is winning a Long-Term Supports and Services for ALL Californians – not just those eligible for Medicaid. Our goal is to advance a plan that would provide and fund a universal benefit as well as supporting the family care givers who choose to provide care. We will discuss various opportunities to create a benefit, either as a stand-alone benefit or as part of a guaranteed health care program.

Lindsay Imai Hong, Hand in Hand (domesticemploees.org)
Amanda Ream, United Domestic Workers (udwa.org)
Ramon Castellblanch, CARA V.P./Moderator

Social Security for All

For the first time in many years, we have an opportunity to improve and expand Social Security benefits by changing the formula for computing COLAs, raising the benefits, eliminating barriers for applying for benefits, Scrapping the Cap to keep the program funded, and repealing the WEP/GPO. Learn about legislative and other advocacy efforts and how we can help move these efforts forward.

Rich Fiesta, Alliance for Retired Americans (retiredamericans.org)
Bonnie Cediel, Social Security Fairness (ssfairness.org)
Tom Rankin, CARA V.P./Moderator

Climate Justice for All

There is no question that climate change is impacting our lives every day. The increased number of extreme heat events, power outages and wildfires threatens our health and the health of our families and communities – as well as our planet. Leaders from two California Climate Justice organizations will talk about their work and how CARA can get involved.

Bob Yunke, Elders Climate Action (eldersclimateaction.org)
Davis Harper, The Climate Center (theclimatencode.org)
Margaret Shelleda, CARA, V.P./Moderator

Nursing Home Reform

CARA has been working in coalition with other nursing home reform advocates for years to try and improve patient care, working conditions, infection control, etc. The pandemic shined a light on the inadequacies at nursing homes, where many people died from Covid-19. We have an opportunity and a more open ear by legislators to consider some big improvements at nursing homes including more transparency and accountability of the ownership entities for these homes.

Elizabeth Halifax, UCSF School of Nursing (ucsf.edu)
Mike Dark, CA Advocates for Nursing Home Reform (canhr.org)
Michael Lyon, CARA V.P./Moderator
The National Union of Healthcare Workers (NUHW) is a 15,000-strong member-led movement for quality patient care and a stronger voice in the workplace.

Learn more about our work at NUHW.org/about.
UDW is proud to sponsor the 18th Annual CARA Convention!

We are care workers.
 Representing over 140,000 in-home caregivers and child care providers, we are dedicated to fighting for workers, seniors, people with disabilities, children and working families.

Doug Moore
Executive Director

www.udwa.org | twitter.com/udwa | facebook.com/UDW
SEIU 721 Members make up much of the frontline workforce that has kept Southern California functioning during one of the most terrifying crises in a generation.

SEIU 721 RETIREES
SALUTE THE FRONTLINE WORKERS AND STAND PROUDLY WITH CARA

SEIU 721 Retirees Committee
More info at https://www.seiu721.org/category/retirees-committee
The International Association of Machinists and Aerospace Workers

Is a Proud Sponsor of CARA’S 18th Annual Convention and Supports the “Senior Vote in 2022”

IAM Western Territory General Vice President Gary R. Allen and Staff
IBEW Local 569 Welcomes NEPHI HANCOCK to the CARA Board of Directors

Join us in sharing with community members Union Apprenticeships and Career Opportunities in Electrical Construction with Pension & Retirement benefits!

www.IBEW569.org
Standing in support of CARA’s 18th Regional Convention

Working To Empower Seniors

Toni G. Atkins
President pro Tempore, California State Senate
IUOE LOCAL 12
IS PROUD TO SPONSOR THE
18TH ANNUAL CARA CONVENTION

Ronald J. Sikorski
Business Manager & General Vice President
Officers, Staff and Members of the
International Union of Operating Engineers,
Local No. 12
Northern California Laborers - union construction workers - and their contractors build the **schools** that educate our children, the **hospitals** that care for us, the **offices** and **buildings** where we work and live. They build **transportation systems** - from highways and subways to airports and bridges - that help businesses succeed and **keep California on the move.** Laborers provide the safe, efficient infrastructure Northern California needs to grow and prosper.

They have **professional training, skills and experience** to do these jobs right, **on time** and **within budget.** They build the projects Northern Californians’ need.

**Our communities can’t grow and prosper without them.**

**Building our communities, building California.**

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CONSUMER ATTORNEYS OF CALIFORNIA

PROUD SUPPORTER

18TH ANNUAL CARA CONVENTION

We protect elders and consumers.
We promote product safety.
We defend the environment.
We fight for the underdog.

WE STAND FOR DEMOCRACY.
WE STAND FOR YOU.

STAND WITH US.
STAND FOR JUSTICE.

Consumer Attorneys of California
770 L St, Suite 1200 - Sacramento, CA - 95814

Seeking justice for all
www.caoc.org
# AGENDA FOR CARA
18th ANNUAL STATEWIDE CONVENTION

**TUESDAY, OCTOBER 26TH (10AM – 2PM)**
**WEDNESDAY, OCTOBER 27TH (10AM – 12:30PM)**
(VIA ZOOM/TELECONFERENCE – same links for both days)

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>10:00 AM</td>
<td>OPENING CEREMONIES</td>
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<td>• WELCOME/ MUSIC/ SLIDE SHOW</td>
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<td>• OVERVIEW OF AGENDA THE 2 DAYS</td>
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<td>• THANK YOU TO OUR SPONSORS/ videos of our sponsors</td>
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<td>• PRESIDENT’S STATEMENT – VICTORIES FOR 2021, ETC.</td>
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<tr>
<td>10:45 AM</td>
<td>KEYNOTE PANEL/SPEAKERS</td>
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<td><strong>MEET OUR NEW STATE CONSTITUTIONAL OFFICERS AND U.S. SENATOR</strong></td>
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<td>(10 minutes each with 5 for Q &amp; A after each)</td>
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<td>• U.S. Senator Alex Padilla</td>
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<td>• Secretary of State Shirley Weber</td>
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<td>• Attorney General Rob Bonta</td>
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<td>11:30 AM</td>
<td>NOMINATIONS FOR PRESIDENT, SECRETARY AND V.P.s (community and union)</td>
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<td>• INTRODUCTION OF CANDIDATES</td>
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<td>• EXPLANATION OF VOTING PROCESS - PRINTED BALLOTS SENT WITH MATERIALS</td>
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<td>• ELECTION PROPOSAL (Vote by Acclamation)</td>
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<tr>
<td>12:00 PM</td>
<td>BREAK/GRAB A SNACK, STRETCH, OR EXERCISE AND SING WITH CARA</td>
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<td>• CHAIR EXERCISES</td>
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| 12:30 PM | **WORKSHOPS (CHOOSE ONE IN ADVANCE ON REGISTRATION FORM—all will be recorded)**  
  **LTSS for All:** Lindsay Imai Hong (Hand in Hand); Amanda Ream (UDW)  
  **Health Care for All:** Pilar Schiavo (HCN), Jenni Chang (CARA)  
  **Affordable Housing for All:** Francisco Duenas (Housing CA Now), Marjorie Murray (CCHOAL), Azim Nazim (Mercy Housing CA), Janny Castillo (St. Mary's Center)  
  **Climate Justice for All:** Bob Yunke (Elders Climate Action), Davis Harper (CA Climate Center)  
  **Social Security for All:** Rich Fiesta (ARA); Bonnie Cediel (Soc. Sec. Fairness)  
  **Nursing Home Reform:** Elizabeth Halifax (UCSF); Mike Dark (CANHR) |
| 1:50 PM  | **WRAP UP FOR DAY 1**  
  • LOGISTICS FOR TOMORROW STARTING AT 10AM  
  • REMEMBER TO FILL OUT YOUR BALLOT AND EVALUATION FORM  
  • PRIORITY ISSUES FOR 2022  
  • SIGN UP FOR SENIOR VOTE 2022  
  • WHEEL OF FUN (everyone registered will have their name entered – 18 PRIZES) |

**WEDNESDAY, OCTOBER 27TH**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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| 10:00 AM | **CALL TO ORDER**  
  • MUSIC  
  • WELCOME BACK  
  • PLAN FOR THE DAY |
| 10:30 AM | **KEYNOTE PRESENTATION: MASTER PLAN ON AGING – YEAR 1 REVIEW**  
  GOVERNOR GAVIN NEWSOM  
  KIM MCCOY WADE, Director, California Department on Aging |
| 11:00 AM | **ELECTION RESULTS/INSTALLATION OF OFFICERS** |
| 11:20 AM | **SENIOR VOTE 2022 – JON “BOWZER” BAUMAN**  
  Sign up to participate on Senior Vote Take Action Card – We will contact you with details! |
| 11:35 AM | **OPEN MIKE = TIME FOR FOLKS TO SHARE THOUGHTS, IDEAS, CONCERNS, ETC.** |
| 12:00 PM | **BINGO with JOSH KORNBLUTH!!!!! (PRIZE - $100!!)** |
| 12:20 PM | **WRAP UP/FINAL ANNOUNCEMENTS** |
| 12:30 PM | **ADJOURN WITH A SONG** |
Do you want to improve conditions in your current job?
Are you looking for fair pay?
Decent benefits?
An opportunity to grow?

As union members, we bargain collectively with our employers over wages, benefits, and rights. Most of us have very limited bargaining power as one person, but as a group, we are strong. With a good negotiated contract, we have legal protections we would not have otherwise.

Follow us online for more info!
www.ibew47.org

Colin Lavin
Business Manager/Financial Secretary
Tyrone Chamois
President

PROUDLY SUPPORTING OUR HEROES
Thank you CARA for the important work you do.

—Your Friends at IBEW 11

Joël Barton
Business Manager / Financial Secretary

Rusty Roten
President

Eric Brown
Vice President

Jaime Sanchez
Treasurer

Christine Austria-Lozoya
Recording Secretary
KAZANLAW.COM

sallutes
California Alliance for Retired Americans

18TH ANNUAL CONVENTION

We stand together with Seniors and thank CARA for its powerful advocacy on behalf of the senior community.
AFSCME Council 57 Proudly Supports the 14th Annual California Alliance for Retired Americans Convention

AFSCME is the union that shows every public service worker respect by fighting for better pay, better conditions and a better future. We stand with all workers who have earned their retirement, and we will continue to build power to make sure all working people have an opportunity to retire with dignity.
We bring the
POWER
with
Love
Wishing CARA members
An Excellent 2021 Convention!
Contra Costa County
Sub-chapter 142
AFSCME RETIREES
We bring the POWER with Love
On behalf of all retired union members, we thank you for all of CARA’s efforts keeping us informed!
The Fletcher Family Salutes
CARA
Honoring the Generations that
Fought for what we now have

Particularly
Charlene Fletcher Mack

Gladys Fletcher Grayson
Felton Fletcher

Lewis Fletcher
Lee Aster Fletcher Urquhart

Velvi Fletcher
Lloyd Fletcher

Julia Fletcher George
The SEIU 1021 Retiree Council and Membership

Congratulates

CARA on hosting your 18th Annual Convention

We salute your work as California’s largest Grassroots Senior Advocacy Organization

Improving Senior Lives

Protecting Social Security and Medicare

Supporting the “Care Can’t Wait Act”

Peter Albert—Retiree Council Chair

Joseph Bryant—President Local 1021
United Steelworkers Local 675 congratulates The California Alliance for Retired Americans (CARA) on its 15th anniversary. We are proud to support CARA’s efforts uniting retired workers and community groups to win social and economic justice, full civil rights, and a better, more secure future for ourselves, our families, and future generations.

Philip Baker, President
David W. Campbell, Secretary-Treasurer
Xochilt Cabarruivas, Chief of Staff
Gary Holloway, Field Director

IBEW Local 1245 is proud to sponsor the 2021 Convention of the California Alliance of Retired Americans
The
Sonoma County Association of Retired Employees (SCARE)

Congratulations and thanks CARA for its many years of advocacy, education and representation of senior/retiree issues and concerns. Keep up the great work!!

http://sonomacountyretirees.com

P.O. Box 5513 Santa Rosa, CA 95402
UNION STRONG!
SEIU 521’s RETIREE CHAPTER JOINS CARA IN CELEBRATING 18 YEARS STRONG!

Union power and senior power combine to transform California into a reality that works for everyone.

California School Employees Association
salutes the
California Alliance for Retired Americans
for uniting California’s retired workers and community groups to ensure a secure future through social and economic justice for all.

Congratulations on your 18th Annual Convention
where you continue to build your grassroots organization to educate and inform members, the public, and elected officials about vital issues affecting the well-being of California’s older adults.

Matthew “Shane” Dishman
Association President
Martha Penry
Chair, Retiree Unit Executive Board
Keith Pace
Executive Director
CARA
Protects Seniors and Every Generation

Stay Strong and Stay Loud!

alcoholjustice.org

Bruce Lee Livingston
Executive Director/CEO
BruceL@AcohohlJustice.org
RETIRED AND WORKING PEOPLE
STANDING TOGETHER FOR
THE COMMON GOOD!

UNION CONTRACTS GUARANTEE
✓ PAY ✓ PERKS ✓ PROTECTION

WWW.FACEBOOK.COM/HUMDNCLC

"Age and Youth In Action"

To act independently or in coalition with other movements
to advance Older Adult social justice issues.

Long Beach Senior Center
1150 East Fourth Street
Long Beach, CA 90802

First Saturday Each Month 10:30 am – 12:00 pm
LongBeachGrayPanthers@gmail.com
(562) 353-7315

www.LongBeachGrayPanthers.org
#LongBeachGrayPanthers.org
@LBGrayPanthers
Thank you, CARA, for your continued advocacy during the pandemic. Let’s work for a healthier planet, and guaranteed health care for all.

Happy 18th Anniversary!
The Reid – Livingston Family
(Nelson, Ruben, Bruce and Jodi)
The Alliance for Retired Americans applauds

The California Alliance for Retired Americans (CARA)

as it hosts its 18th Annual Convention.

CARA is a leading progressive, grassroots organization providing California retirees
a strong platform and voice on issues facing older Americans.

Robert Roach, Jr.
President

Joseph Peters, Jr.
Secretary-Treasurer

Richard Fiesta
Executive Director

Facebook.com/retiredamericans @ActiveRetirees

www.retiredamericans.org

Thank you CARA!

Nan Brazmer
- CARA President
(2003–2021)

Building and developing CARA has been a wonderful adventure!
"Thank you all so much for choosing me to lead in this effort. We
definitely have been successful both in our work and in our growth."
UA Local 393 represents thousands of South Bay Plumbers, Pipefitters, and HVAC-R Service Technicians.

BUILDING IT RIGHT THE FIRST TIME FOR OVER 115 YEARS.

FIVE COUNTIES CENTRAL LABOR COUNCIL
Shasta, Siskiyou, Modoc, Trinity and Tehama Counties

900 Locust Street, Room 7
Redding, California 96001
Office Phone: 530.949.7795
FiveCountiesCLC@ymail.com

We celebrate with you CARA’s 18th year advocating and educating California Seniors. We are a proud supporter and affiliate of our growing North State CAT.

Affiliated with the California Labor Federation and American Federation of Labor and Congress of Industrial Organizations

CALIFORNIA STATE RETIREES
CSR is the largest, most experienced organization exclusively representing state retirees!

OUR MISSION
To protect the pension and health benefits of all retired state employees

• Advocacy
• Member Discounts and Benefits
• CalPERS Representation
• Monthly newspaper-The Retiree
• Community Involvement
• Retired Annuitant Program
• Minimal Monthly Dues
• Volunteer Opportunities
• All CA State Retirees are welcome
• 39,000 members strong...and growing!

Join today!
www.CalRetirees.org/joinus
SAN DIEGO & IMPERIAL COUNTIES LABOR COUNCIL
Supports CARA’s 18th Annual Convention Anniversary!

WORKING PEOPLE STANDING TOGETHER

www.unionyes.org
CONGRATULATIONS ON YOUR 18th ANNIVERSARY CARA!

Mrs. Cecilia Cunningham

HAPPY 18th ANNIVERSARY CARA!

Thank you for all the work you have done for senior issues and to keep seniors and retirees involved. Our seniors are more important to each of us than we realize. They teach us and bless us in immeasurable ways.

From your friends at Newman & Jones, Inc.
Tax Preparation~Bookkeeping~Payroll
Manteca, CA 209-823-7143

San Francisco CAT
We are proud to be part of CARA representing the San Francisco.

2nd Thursdays at 1pm
ILWU Offices
1188 Franklin, 4th floor, San Francisco
(CURRENTLY MEETING VIRTUALLY VIA ZOOM)

Inland Empire CAT
We are proud to be part of CARA representing the cities in the Inland Empire

1st Mondays at 10 am
Grace Vargas Senior Center
1411 S. Riverside Ave., Rialto
(CURRENTLY MEETING VIRTUALLY VIA ZOOM)
SANTA CLARA COUNTY
CARA ACTION TEAM

THE SANTA CLARA COUNTY CAT CONCURS THAT "WE ARE SENIOR POWER!"
CONGRATULATIONS CARA FOR ALWAYS WORKING FOR "...A BETTER MORE SECURE FUTURE FOR
OURSELVES, OUR FAMILIES AND FUTURE GENERATIONS."
WE ARE STRONGER TOGETHER WITH CARA - CELEBRATING 18 YEARS STRONG!"

4th Thursday at 12:00 pm, South Bay Labor Center, 2302 Zanker Rd, San Jose
(Currently Meeting Virtually Via Zoom)
Los Angeles County
CARA ACTION TEAMS

Empowering Seniors
Amplifying 2 Million Voices
in Los Angeles County

Meet on 3rd Mondays, 10:00AM

(877) 223-6107  •  www.californiaalliance.org  •  contactus.cara2017@gmail.com
Alameda County CAT

We are proud to be part of CARA representing the cities in Alameda County.

2nd Tuesdays at 10am
South Berkeley Senior Center
Ellis @ Ashby, Berkeley
(CURRENTLY MEETING VIRTUALLY VIA ZOOM)

Contra Costa/Solano County CAT

We are proud to be part of CARA representing the cities in Contra Costa and Solano Counties.

2nd Mondays at 10am
Richmond Auditorium, Hawaiian Room
403 Civic Center Dr., Richmond
(CURRENTLY MEETING VIRTUALLY VIA ZOOM)
Central Valley CAT

We are proud to be part of CARA representing the cities from Stockton to Modesto.

4th Mondays at 10am
Manteca Library
320 W. Center St., Manteca
(CURRENTLY MEETING VIRTUALLY VIA ZOOM)

The Central Valley C.A.T. honors our own JERRY BAILEY, for his years of service to CARA, and for a lifetime of activism in the causes of PEACE, JUSTICE, and the RIGHTS OF WORKERS!

WE LOVE YOU JERRY!

- Central Valley CAT
<table>
<thead>
<tr>
<th>Placer County CAT</th>
<th>Marin County CAT</th>
</tr>
</thead>
<tbody>
<tr>
<td>We are proud to be part of CARA representing the cities in Placer County.</td>
<td>We are proud to be part of CARA representing Marin County.</td>
</tr>
<tr>
<td>2&lt;sup&gt;nd&lt;/sup&gt; Wednesday of every month 10am Stanford Court Apts. Club House 3320 Santa Fe Way, Rocklin (CURRENTLY MEETING VIRTUALLY VIA ZOOM)</td>
<td>1&lt;sup&gt;st&lt;/sup&gt; Tuesdays at 1pm Northgate Mall Community Room Food Court, 2&lt;sup&gt;nd&lt;/sup&gt; floor, San Rafael (CURRENTLY MEETING VIRTUALLY VIA ZOOM)</td>
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<tr>
<th>Bakersfield CAT</th>
<th>Sonoma County CAT</th>
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<tbody>
<tr>
<td>We are proud to be part of CARA representing the City of Bakersfield and surrounding cities.</td>
<td>We are proud to be part of CARA representing Sonoma County.</td>
</tr>
<tr>
<td>1&lt;sup&gt;st&lt;/sup&gt; Tuesdays of every month at 1:30pm Independent Living Center of Kern County, 5251 Office Park Dr., Bakersfield (CURRENTLY MEETING VIRTUALLY VIA ZOOM)</td>
<td>3&lt;sup&gt;rd&lt;/sup&gt; Wednesdays at 10am Unitarian Universalist Church 547 Mendocino Ave, Santa Rosa (CURRENTLY MEETING VIRTUALLY VIA ZOOM)</td>
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<tr>
<th>Orange County CAT</th>
<th>North State CAT</th>
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<tbody>
<tr>
<td>We are proud to be part of CARA representing the cities in Orange County.</td>
<td>We are proud to be part of CARA representing the cities in the North State.</td>
</tr>
<tr>
<td>3&lt;sup&gt;rd&lt;/sup&gt; Wednesdays at 10 am Teamster Local #952 140 S. Marks Way, Orange (CURRENTLY MEETING VIRTUALLY VIA ZOOM)</td>
<td>3&lt;sup&gt;rd&lt;/sup&gt; Fridays at 10am IBEW Hall, 900 Locust St, Redding (CURRENTLY MEETING VIRTUALLY VIA ZOOM)</td>
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<thead>
<tr>
<th>San Diego County CAT</th>
<th>Fresno Area CAT</th>
</tr>
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<tbody>
<tr>
<td>We are proud to be part of CARA representing the cities of San Diego County and the Imperial Valley.</td>
<td>We are proud to be part of CARA representing the cities in the Fresno Area.</td>
</tr>
<tr>
<td>3&lt;sup&gt;rd&lt;/sup&gt; Tuesdays at 11am Sheetmetal Workers Union 4594 Mission Gorge Place, San Diego (CURRENTLY MEETING VIRTUALLY VIA ZOOM)</td>
<td>4&lt;sup&gt;th&lt;/sup&gt; Tuesdays at 10 am UFCW Golden State 3485 W. Shaw St., Fresno (CURRENTLY MEETING VIRTUALLY VIA ZOOM)</td>
</tr>
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</table>
In Loving Memory of

Esther Acosta

APWU Retiree Chapter #4615
Recording Secretary

William L. Curtis
Retirees Club of San Diego

Wishes CARA a
Productive Convention

Proud to be Part of CARA
★ Universal Single Payer Health Care
★ Expand Medicare & Medicaid
★ Protect Social Security
★ Protect Pensions
★ A Good Life for Everyone

peaceandfreedom.org

Sheet Metal Workers’ Local 206
Retiree Club, San Diego

wishes the Delegates and Guests a productive and enjoyable Convention.

Proud to be a part of CARA,

and to work in support of its efforts for:
social & economic justice and civil rights;
including Guaranteed Health Care For All & Universal Long Term Services & Supports!

Language and Community Advocacy, Hayward, CA

Rev. SILVIA ANTONIA BRANDON-PÉREZ, Director
We are the voice of the poor and marginalized
Somos la voz de los pobres y los marginados.

precisetranslations2008@gmail.com
GO, CARA!
<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
<th>Cell</th>
<th>Email</th>
<th>Additional Info</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dawn Bronsema</td>
<td>9026 Buhman Avenue, Downey, CA 90240</td>
<td>510.862.4797</td>
<td></td>
<td><a href="mailto:dawnsdoins248@aol.com">dawnsdoins248@aol.com</a></td>
<td>Working to improve the quality of life for older adults and their families</td>
</tr>
<tr>
<td>Margaret Shelleda</td>
<td>46 Ramona Ave, Oakland, CA 94611</td>
<td>510.655.2626</td>
<td></td>
<td><a href="mailto:msbelleda@aol.com">msbelleda@aol.com</a></td>
<td>Working to improve the quality of life for older adults and their families</td>
</tr>
<tr>
<td>Michael Nye</td>
<td>25 Idaho St, Richmond, CA 94801</td>
<td>415.342.5145</td>
<td></td>
<td><a href="mailto:jaymichaelnye@gmail.com">jaymichaelnye@gmail.com</a></td>
<td>Working to improve the quality of life for older adults and their families</td>
</tr>
<tr>
<td>Richard Benson</td>
<td>815 Anita Ave, Belmont, CA 94002</td>
<td>650.995.3984</td>
<td></td>
<td><a href="mailto:richbenson@att.net">richbenson@att.net</a></td>
<td>Working to improve the quality of life for older adults and their families</td>
</tr>
<tr>
<td>Tish Ochoa</td>
<td>PO Box 10413, San Bernardino, CA 92423</td>
<td>909.855.1891</td>
<td></td>
<td><a href="mailto:yourfriendtish@gmail.com">yourfriendtish@gmail.com</a></td>
<td>Working to improve the quality of life for older adults and their families</td>
</tr>
<tr>
<td>Tom Rankin</td>
<td>1661 Capistrano Ave, Berkeley, CA 94707</td>
<td>510.499.8284</td>
<td></td>
<td><a href="mailto:trankin.cara@gmail.com">trankin.cara@gmail.com</a></td>
<td>Working to improve the quality of life for older adults and their families</td>
</tr>
<tr>
<td>DAN PRINCE</td>
<td>Support our Seniors Join Now!</td>
<td></td>
<td></td>
<td></td>
<td>Working to improve the quality of life for older adults and their families</td>
</tr>
<tr>
<td>Mike Fursman</td>
<td>12293 Topper Rd, Madera, CA 93636</td>
<td>559.999.0485</td>
<td></td>
<td><a href="mailto:mfursman@ufcw8.org">mfursman@ufcw8.org</a></td>
<td>Working to improve the quality of life for older adults and their families</td>
</tr>
</tbody>
</table>
Nancy "Nan" Brasmer  
Board President  
211 South Sherman Avenue  
Manteca, CA 95336  
OFFICE 209.823.3890  
TOLL FREE 877.223.6107  
nbrasmer@comcast.net

Working to improve the quality of life for older adults and their families

Pauline Brooks  
SEIU Vice President  
1078 24th St.  
Oakland, CA 94607  
HOME 510.836.0761  
CELL 510.290.4849  
pdbflorab@yahoo.com

Working to improve the quality of life for older adults and their families

Wayne D. Ihrig  
Vice President  
1141 Persimmon Ave. #22  
El Cajon, CA 92021  
HOME 619.441.0281  
CELL 619.609.3757

Working to improve the quality of life for older adults and their families

Carol Garvey  
Education Board/  
CARA Action Team Convener  
San Jose, CA 95112  
PHONE 408.472.8218  
carolgarvey2003@yahoo.com

Working to improve the quality of life for older adults and their families

Pat Stanyo  
Vice President  
237 Redondo Ave.  
Long Beach, CA 90803  
CELL 562.313.4541

Working to improve the quality of life for older adults and their families

AMERICAN POSTAL WORKERS UNION  
RETIREE CHAPTER  
CALIFORNIA AREA LOCAL #4635

Thank you CARA for your support  
The U.S. Mail is not for Sale!

Older Women’s League SF  
415-712-1695  owlsf.org
THANK YOU CARA!

BECAUSE YOU FIGHT FOR SOCIAL SECURITY, MEDICARE, MEDICAL, LOWERING PRESCRIPTION DRUG PRICES, AFFORDABLE HOUSING, OUR ENVIRONMENT, AND STRENGTHENING THE ADA FOR SENIORS AND THEIR FAMILIES, WE LOOK FORWARD TO THE TIME WHEN ALL OUR MASKS CAN JUST BE FESTIVE!

FROM HENE & DENNIS KELLY AND OUR GRANDKIDS DANIEL, MAX, AND CAROLINE.
SEIU 1021 Eastbay Retirees are proud to support California Alliance for Retired Americans on their 18th Annual Convention

Thank you for your important work on behalf of seniors. CONGRATULATIONS!

Patricia Davis, President  Dorothy M. Grate, Vice President
Linda Baptise, Secretary  Marian Thomas, Treasurer
James Brown, Sergeant at Arms

Communications Workers of America Retired Members Council
Addie Brinkley
President, RMC District 9

IBEW LOCAL 595
Congratulations CARA
Keep up the good work
SEIU Local 1000 joins with the California Alliance for Retired Americans (CARA) in advocating for senior power, health equity, and guaranteed health care for ALL.

Congratulations on your 18th Annual State Convention.
Heartfelt thanks to our host committee, sponsors, and supporters for making this event possible.