

CARA Alert – July 19, 2021

A publication of the California Alliance for Retired Americans

Happy Birthday Social Security, Medicare/Medicaid/ USPS
Support the American Recovery Plan/\$400 BILLION for HCBS

**JOIN CARA FOR A VIRTUAL CELEBRATION AND
CONGRESSIONAL LOBBY DAY TRAINING**

**FRIDAY, JULY 30TH AT 12 NOON/ REGISTER HERE: [Meeting
Registration - Zoom](#)**

During the month of August, Congress will be on recess for a district work period. We have an incredible opportunity to move some important national legislation forward to protect, improve and expand Medicare, Medicaid, and Social Security, to win historic infrastructure investments, including home and community-based services, and to protect and restore postal services. We need to talk with our Congressmembers about these issues and urge their support. Especially since 2022 is an election year, we need to know where our Congressmembers are on these issues.

Our July 30th Forum at Noon will be a celebration of the anniversaries of these programs AND a training for our August lobby days. Please register for the July 30th FORUM [here: Meeting Registration - Zoom](#)

If you would like to be part of the team that meets with your Congressmember, please email caralobby@gmail.com and give us your name, contact information and which Congressmember you would like to visit. There will be a Coordinator for each Congressional visit, and that Coordinator will inform you of the date and time of your meeting, which will be virtual. You can also call the CARA office with this information at 877-223-6107.

**CALL ON GOVERNOR NEWSOM TO KEEP THE PROMISE OF
MEDICARE FOR ALL WITH RALLIES IN LOS ANGELES, OAKLAND ON
JULY 31st, 2021**

The 56th anniversary of Medicare is July 30th and healthcare advocates are using the day after this anniversary to call on California Governor Gavin Newsom to keep his promise to bring single payer healthcare to California and for federal representatives to redouble their effort for “Medicare for All”.

GAVIN NEWSOM: HEALTHCARE IS A HUMAN RIGHT #KEEPTHEPROMISE RALLIES JULY 31ST, 2:00PM

LOS ANGELES
GOVERNOR'S OFFICE
300 S SPRING ST
DOWNTOWN LA

OAKLAND
LAKE MERRITT
AMPHITHEATER AT
12TH ST & LAKE MERRITT

OR Join Virtually: bit.ly/MFAPromise



Recognizing the Unfulfilled
Promise of Medicare
Remembering Those Lost to
Covid-19 and Lack of Care

**Calling on Gov. Newsom to
Deliver State Single Payer**

WEAR BLACK. Bring tokens of those held in memory.



It's time for Governor Newsom to live up to his campaign promise to bring guaranteed health care to all Californians, to engage with the federal administration to bring federal dollars to California, and to ensure that the recommendations born from his **Healthy California for All Commission** push forward the **virtues of single payer** as he campaigned on.

Join us at events in Los Angeles, Oakland, and more locations (coming soon). This event will be a chance to remember the promise of Medicare, which originally was intended to be expanded to all. We will also be holding loved ones in memory who have passed away due to COVID-19 and/or lack of access to healthcare. Please wear black and bring memories of loved ones to build a community memorial.

The events will take place on July 31st at 2:00pm Pacific.

[RSVP for Virtual Event](#)

If you missed our webinar with Dr. James Kahn, UCSF/ Physicians for a National Health Program last week, you can **watch it on our YouTube channel**. An excellent discussion of single payer: how we do it, what it can look like, how we can pay for it... and that we need to keep focused on winning guaranteed healthcare for all!

UPCOMING EVENTS

Friday, July 30th at Noon – Celebrate Medicare, Medicaid, Social Security and more!
Register here- [Meeting Registration - Zoom](#)

Saturday, July 31st – Medicare Birthday Celebrations around the state. Go to www.healthyca.org to find one in your area.

Friday, August 13th at Noon: Seniors and the RECALL. **Register here:** [Meeting Registration - Zoom](#)

Tuesday Oct. 26th (10am-2pm) and Wednesday, Oct. 27th (10am – 12:30pm) – CARA Statewide Convention (Virtual) – more details to come!!!! **FREE. REGISTER HERE:** bit.ly/CARA18thConvention

Contact CARA:

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