

CARA Alert – March 8, 2021

A publication of the California Alliance for Retired Americans

HAPPY INTERNATIONAL WOMEN'S DAY

NEXT FABULOUS FRIDAY FORUM – MARCH 26TH @ NOON

MAKING THE MASTER PLAN ON AGING A REALITY -

[Register here](#)

CARA and St. Barnabas Senior Services are sponsoring a special FRIDAY FORUM on March 26th to present some key strategies to implement the Master Plan on Aging that was released by the Governor in January of this year. Learn about the plan, and how you can help make it a reality.

2021 THE YEAR FOR IMPROVED MEDICARE FOR ALL IN CALIFORNIA

SIGN THE PETITION TO GOVERNOR NEWSOM AND PASS IT ON!

<https://bit.ly/CARA-Healthcare>

Improved Medicare for All has been gaining greater traction over the years. And while the odds of passing legislation at the federal level improve every day, the more likely path is probably through the states. In California we are in a unique position to lead the way. Our first step in winning Improved Medicare for All in California is getting Governor Newsom to request a waiver for California to develop a state-based system.

AB 1400 – California Guaranteed Health Act (CalCare) Introduced!

On Friday, Feb. 19th, Assemblyman Kalra along with 18 other Assembly and Senate Members introduced AB 1400 – the California Guaranteed Health Act (single payer health care). You can read the full text of the bill here:

https://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=202120220AB1400.

CARA has endorsed the bill and will be organizing and educating our members and partners on why seniors should support AB 1400. If you would like someone from CARA to make a presentation about the Improved Medicare for All Campaign, please contact us at cynthial.cara@gmail.com or call us toll free at 877-223-6107.

CARA SUPPORTS HEALTH CARE FOR ALL – NOT A RECALL!!!

The CARA Board of Directors voted to oppose the recall effort of Governor Newsom being sponsored by the GOP. Especially at this moment, when our local communities, state and the nation are struggling to vaccinate everyone and build a social and

economic future to take us out of this pandemic, we should be focused on efforts that will move us forward, not backward. The GOP's focus on tax breaks for the wealthy and against health care for all, a \$15 minimum wage, and climate justice (to name a few) are their rationale for a recall effort. We cannot let these harsh, unjust policies win the day.

With so much at stake, CARA strongly opposes the proposed recall of Governor Newsom and urges our members NOT to sign any petition being circulated at this time. Should the recall effort make it to the ballot, we need to be prepared.

SAVE THESE DATES:

MARCH 26TH @ NOON – MASTER PLAN ON AGING FORUM

REGISTRATION LINK: <https://zoom.us/meeting/register/tJUpeqrgD4iH9Bj3qwh4GuZEnRwyASlwBHK>

APRIL 23RD @ NOON – TRAINING: ADVOCATING WITH PUBLIC OFFICIALS

REGISTRATION LINK: <https://zoom.us/meeting/register/tJ0kde2ppjstH9JooTIRQf8XwyzPMnWNVRb6>

MAY 14TH @ NOON – TRAINING FOR MAY 21ST LOBBY DAY

REGISTRATION LINK: <https://zoom.us/meeting/register/tJMkc-mpqD4iEtYQd9RRQ81-4gFLdD8U17Cf>

MAY 21ST – CARA VIRTUAL LOBBY DAY WITH YOUR LEGISLATOR.

CARA will be coordinating virtual meetings with all 120 state legislators on this date. If you would like to participate in a Zoom or teleconference meeting with your state Assemblymember or Senator, you can sign up by contacting caralobby@gmail.com.

TOO MANY FUNDRAISING LETTERS FROM THE ARA?

Several CARA members have expressed concern that they receive too much mail/email from the ARA asking for money. Yes, this is one of the major ways that the ARA raises much needed funds. But you can ask to be taken off their list if you do not want to receive their solicitations. CARA does not have anything to do with these fundraising requests, nor do we receive any funds from the ARA.

Contact CARA:

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