



CARA Alert – December 7, 2020

A publication of the California Alliance for Retired Americans

JOIN CARA's HOLIDAY SING-ALONG DECEMBER 11TH AT NOON

Join Zoom Meeting: <https://zoom.us/j/7735246391>

Meeting ID: 773 524 6391

Call-In Number: 888 475 4499 US Toll-free

877 853 5257 US Toll-free

Meeting ID: 773 524 6391

After this difficult year facing a pandemic, unemployment and recession, lack of national leadership and a difficult election season – we deserve to celebrate and look forward to a better 2021. CARA organized weekly sing-a-longs at the beginning of the pandemic which made us all smile and feel connected to one another. By popular demand, we have decided to end this year with a HOLIDAY SING A LONG, led again by Hali Hammer on **Friday, December 11th at noon.**

The Zoom link is listed above and the lyrics are at the end of this Alert. **To make it even more festive, we are asking you to wear a hat to the sing a long (it can be a holiday hat, a crazy hat, or just your favorite hat).** The lyrics for these songs were provided by Hali Hammer, CARA, the Ragin' Grannies, and the SF Labor Chorus.

Lyrics for Holiday Sing-along on Dec. 11th

SOLAR CAROL (To the tune of "Gloria In Excelsis Deo)

See the sun how bright it shines, on the nations of the earth
All who share this thing called life celebrate each day's rebirth

(cho) So-o-o-o-lar power, inexpensive energy (2x)

Sister wind we've heard on high sweetly singing o'er the plain
And the windmills in reply echoing their glad refrain

How we love complexity when the answer's rather plain
Join the sun in jubilee, sing with us this joyous strain

RUDOLPH THE UNION REINDEER

Rudolph the Union Reindeer
Pulled the sleigh for old St. Nick
He signed a union contract
He knew polar politics

All of the other reindeer
Worked long hours around the clock
They paid no heed to Rudolph
Thought the boss would fill their sock

Then one year on Christmas Eve
They all came to say.
"We will do what you advise
Rudolph, help us organize!"

Then how the reindeer loved him
As they lined up with their sleigh
Now when they work on Christmas
They're all getting premium pay.

To the Tune of Battle Hymn of the Republic

We are people organizing for respect and dignity.
We need health care that's affordable and high in quality.

We need Medicare and MediCAID
For everyone in need
And Social Security

People organized together
United, we can stand forever
We're people organized for action
Together we will win.

To the Tune of I'm Dreaming of a White Christmas

I'm dreaming of Covid relief
Where those who have pay their fair share
Where our earned benefits
Will stay intact
So we get our needed health care.

I'm dreaming of a bright New Year
When Corona is no more

We can tax the top 1 percent
And save services for the 99 percent

To the Tune of Deck the Halls

Raise your voice for decent health care
Fa la la la la, we're old but strong!
Retirement security is just damn rare
Fa la la la la, it's been too long!

We are sick of greedy companies
Who make so much but pay much less
Hands off our Social Security
Tax the 1 percent and end this mess

To the Tune of You Better Watch Out

You better watch out. Get ready to cry
We've all got to shout. We're telling you why
People's rights are coming this year.

We've made up our list. We're checking it twice
A tax break for wealthy is naughty, not nice

Hands off our earned benefits this year.

We need to contain Health costs.
And expand access for all.
Dump the tax rebate for the 1 percent.
And eliminate the CAP

We're counting the votes. We're checking them twice.
We're going to find out who's naughty or nice.
We're asking to save benefits this year.

To the Tune of Let it Snow

Oh the mood in D.C. is frightful.
And the atmosphere is spiteful.
And they say they can spend no more.
So they take from the old and the poor.

There's been tax cuts for the wealthy.
And health care for the healthy.
And even defense has scored.
But they'll take from the sick and the poor.

We would like to make one thing clear.
We voters are very upset.
Social Security for all is a right.
Don't cut our social safety net

Oh it's time to start acting human.
Time for voters to start fumin.
Time to end this heartless war.
On the sick, on the old, on the poor.

To the Tune of Winter Wonderland

In the halls, voices shoutin'
A billion more, but who's countin'
As they're singing along, their deficit song
Living in a budget la la land.

They'll cut housing and welfare.
Raise co-pays on our Medicare.
From the poor they will take - To give the rich a tax break
Cause they're living in a budget la la land.

They think they can take away our benefits
When we protest they say they can't hear.

When the time comes they'll see we mean business.
And they'll regret it when we vote next year.

Rich and fat, they'll retire.
While our bills – they get higher.

They'll bicker and fight - Gut every program in sight.
Cause they're living in a budget la la land.

To the Tune of We Wish You A Merry Christmas

We wish you would tax the richest
We wish you would tax the richest
We wish you would tax the richest – Hands Off Medicare

The Grand Bargain plans are full of mistakes
Instead of more cutting – tax the top 2 percent

The deficit plan is not hard to solve
End the tax breaks for wealthy – on this we resolve.

We wish you would tax the richest
We wish you would tax the richest
We wish you would tax the riches – Hands Off Medicare

To the Tune of Adeste Fideles, Oh Come All Ye Faithful

Oh come all you seniors. Bring along your families.
We're marching, we're caroling for our benefits
The current prescriptions - gives us all conniptions.

Social Security's in our prayers
We need universal health care
We need a plan that's more fair
Tax the rich!

To the Tune of Jingle Bells

Dashing down the way
From the clinic to the store
How much will I need to pay
Will my health care cost me more?
How can I feed my kids?
And pay my usual bills

When every month I'm forced to buy
Such damn expensive pills.

MediCAID, MediCARE –Social Security
We need to save these benefits
To keep our dignity
The richest folks should pay their share
To close the deficit
Get our country back on track
Start next year with benefits

To the Tune of "Let it Snow"

While the minimum wage is frightful
For the wealthy, its' delightful
Tell those millionaire CEOs
Share the dough, share the dough, share the dough

The battle around us rages
As we fight for living wages
And we want to get what we're owed
Share the dough, share the dough, share the dough

We have families home at night
Working two jobs is the norm
And we know that its' just not right
This system needs some reform.

The economy's globalizing
In the streets we're organizing
And we're making our movement grow
Share the dough, share the dough, share the dough

To the Tune of the "Dreidel song"

OH dreidel, dreidel, dreidel,
I would have one today.
But Mommy couldn't buy one
Cause no one raised her pay.

Oh, dreidel, dreidel, dreidel,
My Mommy's check is slim.
And so she's always tired
Living wages so all can win.

To the Tune of “We Wish you a Merry Christmas”

Chorus

*We wish you a Happy Holiday
We wish you a Happy Holiday
We wish you a Happy Holiday a
And a peaceful New Year.*

We thank one and all
For support that you bring
Through the halls of our office
Solidarity Rings.

Chorus

On Kwanza or Soltice
Hannukah, Ramadan too
A season of justice
Is our wish to you.

Chorus

To the Tune of “Winter Wonderland”

CEO’s are you listening?
On respect, we’re insisting
In each industry – our plans gonna be.
Organizing workers in our land.

All you rich politicians
People want recognition
You’d better take note, we’re using our votes
And organizing seniors in this land.

HAPPY HOLIDAYS!

Get Social with CARA!

*Did you know that CARA is on Facebook? Learn about our local activities and meetings, town halls and about other news affecting retirees. [Be sure to like our CARA Facebook page here](#). Make sure your friends and family like this page too. Help retirees build power by liking CARA's Facebook page. Every like and share help spread our message.
And now we're on Twitter too! Follow us at @CARASeniors*

Contact CARA:

MAIN OFFICE: 600 Grand Ave. #410, Oakland, CA 94610/ 510-663-4086 / **TOLLFREE** 1-877-223-

6107 / FAX: 510-663-4099/ www.californiaalliance.org

NORTH: 415-515-2156 / jreid.cara@gmail.com

CENTRAL VALLEY: 415-515-2156/ jreid.cara@gmail.com (Modesto – Fresno)

714-460-3542/ smeyer.cara@gmail.com for Bakersfield

SOUTH:

LA COUNTY: 917-424-3220/ jennichang.cara@gmail.com

ORANGE/SAN DIEGO/ INLAND EMPIRE: 714-460-3542/ smeyer.cara@gmail.com