



## CARA Alert – JULY 27, 2020

A publication of the California Alliance for Retired Americans

**REGISTER FOR JULY 31<sup>ST</sup> CELEBRATION & CALL TO ACTION** *Protect, Improve, and Expand Medicare, Medicaid, Social Security, U.S. Postal Service, ADA and Women's Right to Vote* **Register at [July31.cara@gmail.com](mailto:July31.cara@gmail.com)**

**TODAY, JULY 27<sup>TH</sup>, IS THE LAST DAY TO REGISTER:  
SEND AN EMAIL TO [JULY31.CARA@GMAIL.COM](mailto:JULY31.CARA@GMAIL.COM)**

You do NOT want to miss this historic, exciting, and informative event on July 31<sup>st</sup> at NOON. All you need to do to register is send an email to [July31.cara@gmail.com](mailto:July31.cara@gmail.com) and say REGISTER ME. We will send you the agenda, materials and the Zoom link and teleconference number for Friday, July 31<sup>st</sup> at NOON.

This month and next, our country will be celebrating the anniversaries of some of these most important programs for seniors and people with disabilities. Many of these programs keep us alive and healthy, especially in this time of COVID 19. This will be a Zoom meeting and will feature guest speakers, music, a flash mob (in our chairs) and more. **You must rsvp to CARA by July 27<sup>th</sup> by sending an email to [July31.cara@gmail.com](mailto:July31.cara@gmail.com).**

We have some very exciting speakers lined up for this event from around the country. They include Nancy Altman, from Social Security Works, Fernando Torres-Gil from UCLA Center for Aging Policy Research, Andy Imparato, from Disability Rights California, Omar Gonzalez, from the American Postal Workers Union, and Diana Madoshi, CARA VP and board member of the National Women's History Alliance.

If you require sign language interpretation, captioning or other accommodations to participate in this event, please email [cynthial.cara@gmail.com](mailto:cynthial.cara@gmail.com) to let us know what you need.

**Get Social With CARA.** *Did you know that CARA is on Facebook? Learn about our local activities and meetings, town halls and about other news affecting retirees. **[Be sure to like our CARA Facebook page here.](#)** Make sure your friends and family like this page too. Help retirees build power by liking CARA's Facebook page. Every like and share helps spread our message.*

**You can contact CARA at:**

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