



## **CARA Celebration and Call to Action for:**

- USPS - 245 years (July 1)
- Older Americans Act – 55 years (July 14)
- ADA – 30 years (July 26)
- Medicare and Medicaid – 55 years (July 30)
- Voting Rights Act – 55 years (August 6)
- Social Security -85 years (August 14)
- Women's Right to Vote – 100 years (August 26)

**FRIDAY, JULY 31<sup>ST</sup> AT 12 NOON -1:30pm – ZOOM MEETING**

**Rsvp to: [July31.cara@gmail.com](mailto:July31.cara@gmail.com) to get zoom information**

Given the continual drumbeat by the President and members of the GOP, to cut, privatize, defund, and ignore these important programs, we see their anniversaries this year as an opportunity to celebrate these essential programs and fight against these constant attacks. With the November 2020 elections before us, these anniversaries offer an opportunity to highlight their importance and to educate voters on where candidates stand on these issues.

CARA is sponsoring a Zoom/Teleconference on July 31<sup>st</sup> from noon – 1:30pm to Celebrate these programs and Take Action against proposals to cut, privatize, and undermine these programs.

### **Here is the Agenda:**

- 11:55-12:05 Music/ Celebrate by Kool and the Gang playing as folks are admitted to the meeting.
- 12:05pm Welcome and Introduction by Emcees: Margaret Shelleda and Sandra Johnson
- 12:08pm A moment to remember and celebrate these programs – in the context of COVID, racial injustice, proposed budget cuts, etc.
- 12:20pm Why we celebrate these anniversaries, and pledge to fight to protect these programs: Presentations will include the history of the program, what it has achieved, what we must do to protect and improve it. The presentation will be 7 minutes followed by a personal testimonial by a CARA member about its' importance to them.
- 12:20pm Medicare/Medicaid: Fernando Torres Gil, UCLA School of Public Policy  
Testimonial: Judy Jackson

- 12:30pm Flash mob to Respect (sitting down) – Kathe Burick, City college of SF Dance Instructor  
(WE WILL ASK EVERYONE TO WEAR A HAT - ITS PART OF THE CHOREOGRAPHY)
- 12:40pm USPS: Omar Gonzalez, APWU Western Regional Director  
Testimonial: Tish Ochoa, CARA Treasurer, Retired Postal Worker
- 12:50pm ADA: Andy Imparato, Exec. Director of Disability Rights CA  
Testimonial: Janie Whiteford, CARA Vice President and President of CICA
- 1:00pm 100 years of Women’s Right to Vote/ 55-year anniversary of Voting Rights Act:  
Diana Madoshi, CARA V.P and Women’s History Project
- 1:05pm Song by Pulp Vixen
- 1:10pm Social Security: Nancy Altman  
Testimonial: Pauline Brooks, CARA V.P., SEIU Retiree
- 1:20pm Call to Action: Hene Kelly, CARA Legislative Director
- i. **Call your US Congressman and Senator** – Protect and Improve these Programs: **866-828-4162**
  - ii. **Print a sign** from CARA’s website and hang on your door, window, car – where ever it can be seen
  - iii. **Register for one of CARA’s Senior Vote Town Halls this fall**
  - iv. **VOLUNTEER for CARA’s Senior Vote program** and call older voters in your area and encourage them to vote, complete the census, etc.
  - v. **See ARA toolkit for other ideas and actions on CARA website**
- 1:30pm Adjourn