



## **CARA Alert – MAY 4th, 2020**

A publication of the California Alliance for Retired Americans

# **Training Webinar & Teleconference for CARA's May 15<sup>th</sup> Senior and Disability Lobby Day**

**Friday, May 8, 2020 / 12pm-1:30pm**

**Join Zoom Meeting by Computer/Smartphone (click on link):**

<https://zoom.us/j/8308420049>

Meeting ID: 830 842 0049

### **Dial by phone**

*Use either of the numbers below to call in via landline/cellphone:*

888 475 4499 US Toll-free

877 853 5257 US Toll-free

Meeting ID: 830 842 0049

Hundreds of CARA members will be participating in a meeting with one or more of your state legislators on Friday, May 15<sup>th</sup> for CARA's statewide lobby day. All of these meetings will be held by teleconference and/or Zoom, rather than in person meetings as was originally planned. We invite and encourage everyone who is participating to join our Training Teleconference and Zoom meeting on May 8<sup>th</sup> at 12 pm (noon) to go over our talking points and format for these teleconference meetings. You can find the Lobby Meeting Format and Talking points on the CARA website at <https://californiaalliance.org/may-15th-lobby-day/>. Each legislative visit has a Coordinator, and they will be in contact with you to give you the call-in information for your meeting(s).

If you would like to participate in a meeting with your State Assemblymember or Senator, please email CARA at [caralobby@gmail.com](mailto:caralobby@gmail.com) and we will try to connect you with the coordinator for that legislator.

***CARA SING-A-LONGS A HUGE SUCCESS!***  
***Thank you, Hali Hammer, for Brightening our Days***

CARA's last Sing-A-Long (for now) was held on May 1<sup>st</sup> – May Day. We sang well known and well-loved labor songs, and many shared signs, t-shirts, and posters thanking essential workers and honoring labor – past and present. We ended the sing-a-long listening to our song leader, Hali Hammer, share a new song she wrote about the COVID-19 pandemic and the challenges and opportunities it has brought. We want to thank Hali for leading our sing-a-longs over the last month.

We will not be hosting another sing-a-long for the next two weeks as we have our May 15<sup>th</sup> lobby day tele-training on May 8<sup>th</sup> (see previous article) and our Statewide Lobby Day on May 15<sup>th</sup>. We may schedule additional sing-a-longs and other surprises after our May 15<sup>th</sup> Lobby Day. We want to thank each and every one of you who participated in our Friday sing-a-longs – we had between 50 and 200 people singing with us each week by Zoom and by Phone. It has meant so much to have you join us and see and hear your smiling faces during this time when we are physically apart from one another. We look forward to much more singing and organizing together in the weeks, months and years to come.

And soon, we hope to do this in person as well as on Zoom.

***Get Social With CARA.*** *Did you know that CARA is on Facebook? Learn about our local activities and meetings, town halls and about other news affecting retirees. **[Be sure to like our CARA Facebook page here.](#)** Make sure your friends and family like this page too. Help retirees build power by liking CARA's Facebook page. Every like and share helps spread our message.*

**You can contact CARA at:**

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