



## **CARA Alert – MAY 11th, 2020**

A publication of the California Alliance for Retired Americans

### **May 15th Senior and Disability Lobby Day is HERE**

Hundreds of CARA members will be participating in a meeting with one or more of your state legislators this Friday, May 15<sup>th</sup> as part of CARA's statewide lobby day. All of these meetings will be held by teleconference and/or zoom, rather than in person meetings as was originally planned.

We held a teleconference training on Friday, May 8<sup>th</sup> with over 170 people participating. Thank you to everyone who joined us. If you were unable to join our training on May 8<sup>th</sup> – or if you want a refresher, we recorded the training. You can find the recording by clicking here: <https://youtu.be/IJvKGugXn7c>

We also have this recording and the **May 15<sup>th</sup> Lobby Meeting Format and Talking Points** on the CARA website at <https://californiaalliance.org/may-15th-lobby-day/>. Each legislative visit has a Coordinator, and they will be in contact with you to give you the call-in information for your meeting(s) if you signed up. If you haven't signed up already, or didn't receive an email and would like to participate in a meeting with your State Assemblymember or Senator, please email CARA at [caralobby@gmail.com](mailto:caralobby@gmail.com) and we will try to connect you with the coordinator for that legislator.

Hand in Hand, a partner with CARA advocating for a Long Term Supports and Services (LTSS) benefit for all Californians is hosting a special training on Tuesday, May 12<sup>th</sup> at 2:30pm to help us all refine our story telling skills to make our Lobby Day even more effective. They will focus on our LTSS issue, but you can apply these skills to any issue. If you would like to participate in this training, here are the details:

### **Telling Your Story Training**

Tuesday May 12th from 2:30pm-3:30pm

Join by Computer:

<https://us02web.zoom.us/j/83771235229?pwd=czZzazJOWG9MTVNISkdiS3hHN3hBUT09>

Meeting ID: 837 7123 5229

Password: 946351

or By Phone:

+1 669 900 6833 US (San Jose)

Meeting ID: 837 7123 5229

Password: 946351

If you need additional information about May 15<sup>th</sup>, you can contact any of the CARA staff listed below before or on May 15<sup>th</sup> and we will be available to help you.

Finally, if your meeting is happening via ZOOM and you can take a screen shot of your meeting, please take a picture and then send it to [caralobby@gmail.com](mailto:caralobby@gmail.com) so we can post these photos on our website and send them around.

We are so excited about this statewide effort on Friday, and just want to give you all a big shout-out for making this day an awesome event. We can't wait to hear how all of these meetings go, and to see your reports after.

**GOOD LUCK AND HAVE FUN ON MAY 15<sup>TH</sup>!!!!**

**THANK YOU  
FOR REPRESENTING CARA AND OUR PARTNERS!**

**Get Social With CARA.** Did you know that CARA is on Facebook? Learn about our local activities and meetings, town halls and about other news affecting retirees. **[Be sure to like our CARA Facebook page here.](#)** Make sure your friends and family like this page too. Help retirees build power by liking CARA's Facebook page. Every like and share helps spread our message.

**You can contact CARA at:**

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