



CARA Alert – MAY 1ST, 2020

A publication of the California Alliance for Retired Americans

CELEBRATE INTERNATIONAL WORKERS DAY CARA SING-A-LONG: FRIDAY, MAY 1ST AT NOON

CARA's last Sing-A-Long (for now), is scheduled for this Friday at 12 noon. The zoom/call-in number is listed below as are the lyrics.

We want to honor labor with this last sing-a-long, and especially the essential workers who have kept us safe and healthy during this time that we are sheltering in place. Please wear your CARA t-shirt AND make a sign or card that says THANK YOU (with any message you want to share) that you can hold up during our Sing-A-Long. Please feel free to share this information to your friends and family, union members, and others. Let's make this last sing-a-long in honor of workers all over the world one to remember.

Join Zoom Meeting by Computer/Smartphone (click on link):

<https://zoom.us/j/8308420049>

Meeting ID: 830 842 0049

Dial by phone

Use any of the numbers below to call in via landline/cellphone:

888 475 4499 US Toll-free

877 853 5257 US Toll-free

Meeting ID: 830 842 0049

SING-A-LONG LYRICS

Union Maid (v.1/2 Woody Guthrie, v. 3: Capple Israel, v.4: Nancy Katz; m:trad "Redwing")

There once was a union maid, who never was afraid
Of goons and ginks and company finks and the deputy sheriffs who made the raid.
She went to the union hall when a meeting it was called,
And when the company boys come 'round
She always stood her ground.

***Chorus: Oh, you can't scare me, I'm sticking to the union,
I'm sticking to the union, I'm sticking to the union.***

***Oh, you can't scare me, I'm sticking to the union,
I'm sticking to the union 'til the day I die.***

This union maid was wise to the tricks of company spies,
She couldn't be fooled by a company stool, she'd always organize the guys.
She always got her way when she struck for higher pay.

She'd show her card to the National Guard

And this is what she'd say **(Chorus)**

You women who want to be free, take a little tip from me;

Break out of that mold we've all been sold, you got a fighting history

The fight for women's rights with workers must unite

Like Mother Jones, move those bones to the front of every fight! **(Chorus)**

A woman's struggle is hard, even with a union card

She's got to stand on her own two feet and not be a servant of the male elite

It's time to take a stand, keep working hand in hand

There is a job that's gotta be done and a fight that's gotta be won! **(Chorus)**

Solidarity Forever (*lyrics* by Ralph Chaplin, v.3 Steve Suffet. music: Battle Hymn of the Republic)

When the union's inspiration through the workers' blood shall run,

There can be no power greater anywhere beneath the sun;

Yet what force on earth is weaker than the feeble strength of one,

But the union makes us strong.

***Chorus: Solidarity forever, Solidarity forever, Solidarity forever,
For the union makes us strong.***

It is we who plowed the prairies; built the cities where they trade;

Dug the mines and built the workshops, endless miles of railroad laid;

Now we stand outcast and starving midst the wonders we have made;

But the union makes us strong. **(Chorus)**

They have taken untold millions that they never toiled to earn,

But without our brain and muscle not a single wheel can turn.

We can break their haughty power, gain our freedom when we learn

That the union makes us strong. **(Chorus)**

They divide us by our color, they divide us by our tongue

They divide us men and women, they divide us old and young

But they'll tremble at our voices when they hear these verses sung

For the union makes us strong

In our hands is placed a power greater than their hoarded gold,

Greater than the might of armies, magnified a thousand-fold.

We can bring to birth a new world from the ashes of the old

For the union makes us strong. **(Chorus)**

Which Side Are You On? (Florence Reece)

Which side are you on? Which side are you on?

Which side are you on? Which side are you on?

Come all you good workers,

Good news to you I'll tell

Of how the good old union

Has come in here to dwell.

Which side are you on? Which side are you on?
Which side are you on? Which side are you on?
They say in Harlan County
There are no neutrals there.

You'll either be a union man

Or a thug for J. H. Blair.

Which side are you on? Which side are you on?

Which side are you on? Which side are you on?

My daddy was a miner,

And I'm a miner's son,

He'll be with you fellow workers

Until this battle's won.

Which side are you on? Which side are you on?

Which side are you on? Which side are you on?

Don't scab for the bosses,

Don't listen to their lies

People haven't got a chance

Unless they organize.

Which side are you on? Which side are you on?

Which side are you on? Which side are you on?

Which side are you on? Which side are you on?

Which side are you on? Which side are you on?

Roll the Union On (John Handcox)

We're gonna roll, we're gonna roll, we're gonna roll the union on

We're gonna roll, we're gonna roll, we're gonna roll the union on

If the boss is in the way, we're gonna roll it over him

Gonna roll it over him, gonna roll it over him

If the boss is in the way, we're gonna roll it over him

We're gonna roll the union on

If the boss is in the way...

If the scab is in the way...

If the banker's in the way...

If the sheriff's in the way...

If whoever's in the way...

Joe Hill (Earl Robinson / Alfred Hayes / John Loesberg)

I dreamed I saw Joe Hill last night,

Alive as you and me.

Says I "But Joe, you're ten years dead"

"I never died" said he,

"I never died" said he.

"In Salt Lake, Joe" I said to him

Standing at my bed

They framed you on a murder charge

Says Joe, "But I ain't dead"

Says Joe, "But I ain't dead"

"The Copper Bosses killed you Joe,
They shot you Joe" says I.
"Takes more than guns to kill a man"
Says Joe "I didn't die"
Says Joe "I didn't die"
And standing there as big as life
And smiling with his eyes.
Says Joe "What they can never kill
Went on to organize,
Went on to organize"
"Joe Hill ain't dead" he says to me
"Joe Hill ain't never died
When workers strike and organize
Joe Hill is by their side
Joe Hill is by their side."
From San Diego up to Maine,
In every mine and mill,
Where working men defend their rights,
It's there you find Joe Hill,
It's there you find Joe Hill!
I dreamed I saw Joe Hill last night,
Alive as you and me.
Says I "But Joe, you're ten years dead"
"I never died" said he,
"I never died" said he.

We Shall Not Be Moved (The Freedom Singers)

We shall not, we shall not be moved
We shall not, we shall not be moved
Just like a tree that's planted by the water
We shall not be moved

The union is behind us, we shall not be moved...
We're fighting for our freedom...
We're fighting for our children...
We'll build a mighty union...

No, no, no nos moveran
No, no, no nos moveran
Como un arbol firme junto al rio
No nos moveran

We shall not, we shall not be moved
We shall not, we shall not be moved
Just like a tree that's planted by the water
We shall not be moved

Step by Step (Zemroy Thomas)

Step by step the longest march can be won, can be won
Many stones can form an arch, singly none, singly none
And by union what we will can be accomplished still
Drops of water turn a mill, singly none singly none

Step by step the longest march can be won, can be won
Many stones can form an arch, singly none, singly none
And by union what we will can be accomplished still
Drops of water turn a mill, singly none singly none

If I Had a Hammer (Pete Seeger)

If I had a hammer, I'd hammer in the morning
I'd hammer in the evening, all over this land
I'd hammer out danger, I'd hammer out a warning
I'd hammer out love between my brothers and my sisters all over this land
If I had a bell, I'd ring it in the morning
I'd ring it in the evening, all over this land
I'd ring it in danger, I'd ring out a warning
I'd ring in love between my brothers and my sisters all over this land
If I had a song, I'd sing it in the morning
I'd sing it in the evening, all over this land
I'd sing it in danger, I'd sing out a warning
I'd sing in love between my brothers and my sisters all over this land
Well I got a hammer and I got a bell
And I got a song to sing all over this land
It's the hammer of justice, it's the bell of freedom
It's a song about love between my brothers and my sisters all over this land

For chords to songs, email Hali Hammer at halih@yahoo.com

MAY 15TH SENIOR AND DISABILITY ADVOCACY DAY

FRIDAY, MAY 8TH TELE-TRAINING AT 12 NOON.

CARA is still planning to have our statewide, in the district advocacy day on May 15th. These meetings will be happening by teleconferences and Zoom. If you would like to meet with your State Assemblymember or Senator with other seniors and people with disabilities on key issues by teleconference, you must sign up in advance. We need to give a list to each legislator so they know how many to expect on their teleconference. Email caralobby@gmail.com and let us know which legislators you would like to meet with. We will get back to you with the time and teleconference number. The CARA Coordinator will get in touch with you to confirm your participation.

We plan to have a TELECONFERENCE/ZOOM TRAINING on May 8th at noon to go over the bills and issues we will be discussing at these Teleconference meetings with our legislators. We will send the information about our Training in early May to those who have signed up to attend one or more of the legislator meetings.

Get Social With CARA. Did you know that CARA is on Facebook? Learn about our local activities and meetings, town halls and about other news affecting retirees. **[Be sure to like our CARA Facebook page here.](#)** Make sure your friends and family like this page too. Help retirees build power by liking CARA's Facebook page. Every like and share helps spread our message.

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