



CARA Alert – January 20, 2020

A publication of the California Alliance for Retired Americans

Honor Martin Luther King (1/20) and Ed Roberts (1/23)

JOIN US AT THE FIRST HEALTHY CA COMMISSION MEETING

Monday, January 27, 2020 from 10am-4pm

1500 Capitol Ave, East End Complex Auditorium, Sacramento

The Healthy CA Commission was created by Governor Newsom to develop a plan for advancing progress toward achieving a health care delivery system for California that provides coverage and access through a unified financing system, including, but not limited to a single payer financing system. The Commission will prepare an initial report to the Governor and Legislature by July 2020 with a final report in February 2021. We need to be there to show our support for this effort and to encourage the Commission to focus on a Medicare for All System.

There is a bus leaving from San Francisco (7:30am), Berkeley (8am) and Richmond (8:30am) that is filling up fast. If you have not signed up for a seat on the bus, contact eric@healthyca.org to get a seat. You can also meet us at the hearing in Sacramento. Lunch will be provided to the first 100 people who rsvp (Including those on the bus), so contact Eric. If you cannot attend in person but would like to listen to the meeting, you can call 877-692-8957/ Password is 4540351. Call 20 minutes before the start of the meeting at 10am to get signed in to the call.

CA MASTER PLAN ON AGING – “WEBINAR WEDNESDAYS”

Many of you have expressed interest in participating in the Master Plan on Aging discussions and offering your input and insight. These started on January 15, 2020, and the CA Dept. on Aging will be hosting them weekly every Wednesday, from 9:30am – 11am. Each week will focus on a different topic to gather input and recommendations for the Master Plan on Aging. Go to the NEW Master Plan on Aging website: www.engageca.org and you will get the call in and Zoom information and the list of topics by week.



SCHOOLS AND COMMUNITIES FIRST PETITIONS – KEEP THEM COMING!!!!

Help CARA collect 10,000 signatures by March 20, 2020

Please continue to send in your completed petitions to the CARA office, or mail them to our office. You can also turn completed petitions in person in at the CARA office: our address is 600 Grand Ave. Suite 410, Oakland, CA 94610. You can also bring your completed petitions and pick up more at our local CAT meetings.

We also need to get senior organizations to endorse this campaign. The opposition is continuing to target seniors – with lies and scare tactics. The best way to combat these lies is recruit endorsements from senior groups around the state to show that seniors support Schools and Communities First, and that these lies by the opposition are not working. You can get an endorsement form on the CARA website by going to our SCF button on the home page (www.californiaalliance.org). If you would like someone to speak to your organization about SCF, contact CARA at 877-223-6107.

A VIRTUAL CAT IS COMING TO CARA SOON

Have you always wanted to be part of one of CARA's Action Teams (we have 17 across the state now), but there is not one in your area, or the one that meets is too hard to get to or on the wrong day? CARA is working on creating a **VIRTUAL CAT** where folks who cannot attend in person can meet once a month via teleconference and/or ZOOM video and find out what CARA is up to and get involved directly with our work. If you are interested in finding out more about the formation of a **VIRTUAL CAT**, contact Jenni at jennichang.cara@gmail.com or Susan at smeyer.cara@gmail.com. We want to find out how many people would be interested before we kick this off, so please email Jenni or Susan by Feb. 29, 2020 so we can put an initial group together to plan this exciting new venture.

SENIOR AND DISABILITY IN-THE-DISTRICT ADVOCACY DAY SAVE THE DATE: MAY 15, 2020

This year CARA is organizing our Senior and Disability advocacy Day in the 120 legislative districts – all on May 15th. If you would like to meet with your State Assemblymember or Senator with other seniors and people with disabilities on key issues, in their local district office, sign up today. Email caralobby@gmail.com and let us know which legislators you would like to meet with. We will get back to you with the time, location and list of others who will attend with you.

Get Social With CARA. Did you know that CARA is on Facebook? Learn about our local activities and meetings, town halls and about other news affecting retirees. **[Be sure to like our CARA Facebook page here.](#)** Make sure your friends and family like this page too. Help retirees build power by liking CARA's Facebook page. Every like and share helps spread our message.

You can contact CARA at:

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