



Join a CAT (*CARA Action Team*) in Your Area

The CATs (CARA Action Teams) are the local action centers for CARA. We share important information on key CARA issues and plan local strategies on these issues. Most of the CARA Action Teams (CATS) have regular monthly meeting dates and locations. If there is not a CAT organized in your area, and you would like to get one started, call the CARA office to find out how to form one. Northern California counties call 415-550-0828 or 877-223-6107; Los Angeles County call 917-424-3220; Orange and San Diego Counties call 714-460-3542; and, for other Southern California counties and the Central Valley, call 714-488-5488. Please check the Calendar on the CARA website for changes and meeting confirmation: www.californiaalliance.org or call the CAT contact in your area.

NORTHERN CALIFORNIA

ALAMEDA COUNTY: 2nd Tuesday of the month at 10am, South Berkeley Senior Center, 2939 Ellis Street in Berkeley. Call Sandra Johnson at 510-861-6513 or Dee Rosario at 510-835-3922.

CENTRAL VALLEY: 4th Monday of the month at 10am; at the Manteca Library, 320 Center Street in Manteca. Call Bob Roza at 209-848-8040 or Jo Carson at 209-227-5188.

CONTRA COSTA/ SOLANO COUNTIES: 2nd Monday of each month, 10am, Richmond Auditorium, Hawaiian Room in Richmond (enter at 2533 Nevin Avenue). Call Eli Williams 510-232-4690.

FRESNO AREA: 4th Tuesday of the month at 10am at UFCW 8 Golden State, 3485 West Shaw Street, Suite 101 in Fresno. Call Gene Roza at 559-905-3521.

MARIN: 1st Tuesday of the month at 1pm at Northgate Mall, Community room (enter elevator next to Food court), 5800 Northgate Mall, in San Rafael. Call Peter Mendoza at 415-879-5324 or Ruth Carter at 415-492-8160.

PLACER COUNTY: 2nd Wednesday of the month at 10am-12pm. Stanford Club House, 3220 Santa Fe Way in Rocklin. Call Diana Madoshi at 916-435-9760 or William Reed at 916-396-6601. Potluck.

REDDING/5 COUNTIES: 3rd Friday of the month at 10am-12pm at the IBEW 340, 900 Locust Street in Redding. Call Ron Stone at 530-945-8021.

SACRAMENTO AREA: 3rd Thursday of the month at 10am, (beginning in 2020) 1118 10th Street, Sacramento (CTA office). Call Hene Kelly at 415-533-5244.

SAN FRANCISCO: 2nd Thursday of the month at 1:00pm, ILWU, 1188 Franklin St. 4th floor, San Francisco. Call Michael Lyon at 415-215-7575 or David Williams at 415-939-5149.

SANTA CLARA COUNTY: 4th Thursday of the month at 12pm, South Bay Labor Center, 2102 Almaden Road, Carpenters Hall in San Jose. Call Carol Garvey at 408-472-6218 or Greg Miller at 408-254-3311. Light lunch is served.

SONOMA: 3rd Wednesday of the month at 10am, Unitarian Universalist Church of Santa Rosa, Glaser Center, 547 Mendocino Avenue in Santa Rosa. Call Dave Walker at 707-681-9009 or Linda Graves at 707-545-2811.

SOUTHERN CALIFORNIA

BAKERSFIELD: 1st Tuesday of the month from 1:30-3:30pm, Independent Living Center of Kern County, 5251 Office Park Drive in Bakersfield. Call Bernice Bonillas at 661-599-3241.

INLAND EMPIRE: 1st Monday of the month from 10am-12pm, Grace Vargas Senior Center, 1411 South Riverside Ave in Rialto. Call Tish Ochoa at 714-460-3542 or Marian Arguello at 909-591-1864.

LOS ANGELES: 4th Tuesday of the month at 1:30pm at SEIU 721, 1545 Wilshire Blvd in Los Angeles. Call Bonnie Coleman at 323-666-4224.

SOUTHEAST LOS ANGELES COUNTY: 3rd Monday of the month at Carrows, 19011 Bloomfield Avenue in Cerritos. Lunch available for purchase at 12:30pm, and meeting starts at 1pm. Call Myron Wollin at 562-596-5239 or Mary Alice Sedillo at 530-341-6206.

ORANGE COUNTY: 3rd Wednesday of the month at 10am; Teamsters Local #952, 140 South Marks Way in Orange. Call Tish Leon at 714-401-8312.

SAN DIEGO: 3rd Tuesday of the month at 11am-1pm, Sheetmetal Workers Local, 4594 Mission Gorge Place, in San Diego. Call Jane Bausa at 619-204-7240.

SAN GABRIEL VALLEY: 3rd Monday of the month 10am-12pm at Denny's Restaurant, 546 West Baseline Road in Glendora. Call Lorenzo Rios at 626-825-1422.