



## CARA Alert – June 26, 2019

A publication of the California Alliance for Retired Americans

### CARA Summer/Fall Training Schedule

Now that summer is officially here, it's time for fun, sun, BBQs—and CARA!!! CARA is continuing to offer trainings, forums, fundraisers, and more. These events are happening all around the state, so look for an event near you. And more will be added, so stay tuned!!! You must RSVP at 877-223-6107. Here's what we have so far:

| <b>City</b>   | <b>Date and Time</b>  | <b>Location</b>  | <b>Training/Fundraisers</b>  |
|---------------|---|--|--|
| Fresno        | Saturday, June 29 <sup>th</sup><br>6am – 12pm                               | 401 H Street<br>Fresno   | Rummage Sale<br>CARA fundraiser  |
| Bakersfield   | Tues, July 2 <sup>nd</sup><br>1:30pm-3:30pm                                 | Independent Living Center of<br>Kern County<br>5251 Office Park Dr                   | Schools and Communities<br>First<br>(CAT Meeting)  |
| Fresno        | Wed, July 10 <sup>th</sup><br>10am-12pm                                     | CWA Local 948<br>4422 E Ashlan   | Empowered Elders<br>Workshop   |
| Manteca       | Mon, July 22 <sup>nd</sup>  | Manteca Library<br>329 W Center St   | Schools and Communities<br>First   |
| San Francisco | Tues, July 23 <sup>rd</sup><br>2pm-4pm                                      | SF Main Library<br>Koret Auditorium<br>100 Larkin St                                 | Schools and Communities<br>First Act   |
| Santa Rosa    | Saturday, July 27 <sup>th</sup><br>9am-12pm                                 | Oliver's Market<br>560 Montecito Center  | Bake Sale for CARA<br>(bake or buy)  |
| Los Gatos     | Sunday, July 28 <sup>th</sup><br>2pm-4pm                                    | Whiteford Residence<br>181 Anne Way  | Winetasting and CARA<br>fundraiser<br>(Donation \$20)                                      |
| Richmond      | Thursday, August 22 <sup>nd</sup><br>8:30am pick up<br>Return early evening | Bus boards at 22 <sup>nd</sup><br>and Barrett Ave<br>(behind Richmond<br>Auditorium) | Red Hawk Casino<br>(\$40 donation/\$15 refund<br>& \$5 food coupon)<br>Fundraiser for CARA |
| San Rafael    | Tues, Sept 3 <sup>rd</sup><br>10am-12pm                                     | Marin Office of Education<br>1111 Las Gallinas Ave                                   | Schools and Communities<br>First Act   |
| Oakland       | Thursday, Sept. 5 <sup>th</sup><br>9:30am – 12pm                            | Center for Healthy<br>Communities<br>2000 Franklin St, Laurel Rm                     | Schools and Communities<br>First Act   |
| Rocklin       | Wed, Sept 11 <sup>th</sup><br>10am-12pm                                     | Stanford Apts Community<br>Room<br>3220 Sante Fe Way                                 | Schools and Communities<br>First   |
| Redding       | Friday, Sept. 13 <sup>th</sup>  | CTA Office<br>760 Cypress, Suite 301   | Schools and Communities<br>First Act   |
| Santa Rosa    | Wed, Sept 18<br>10am-12pm   | UUCSR Glaser Center<br>Room 545<br>547 Mendocino Ave                                 | Schools and Communities<br>First Act   |



## **CARA HAS A NEW CAT – Welcome Inland Empire!!!**

On Friday, June 14<sup>th</sup>, CARA held a Senior Forum – Protecting Medicare, Medicaid and Social Security. The event was held at the Rialto Community Center, and hosted by Mayor Deborah Robertson. Congressmembers Norma Torres and Pete Aguilar, who both represent parts of the Inland Empire were on hand to provide updates from Washington D.C. and to encourage folks to participate with CARA. Those in attendance voted to start an Inland Empire – Metro Region CAT. Their first meeting will be on ***Tuesday, July 2<sup>nd</sup> from 10am – 12pm at the Grace Vargas Senior Center, 1411 S. Riverside Ave in Rialto.*** This meeting will be held every first Tuesday of the month at this location (thank you Teri and folks at the Grace Vargas Senior Center and the City of Rialto!). If you live in the Inland Empire, or know folks who do, please join us at our CAT meetings, and help the Inland Empire PURR. For information, contact Susan Meyer at 714-460-3542.

## **Register for CARA's 16<sup>th</sup> Annual Convention**

Oct. 22<sup>nd</sup> and 23<sup>rd</sup> at the Sacramento Masonic Center  
1123 J Street, Sacramento

Oct. 22<sup>nd</sup>: 10am - 5pm (Retiree of the Year Award dinner at 6pm)  
Oct. 23<sup>rd</sup>: 8:30am -12 noon



You don't want to miss this event. We have great speakers, workshops, entertainment and more planned. A block of hotel rooms at the Holiday Inn at I and 16<sup>th</sup> St. has been reserved for CARA folks – you must reserve your room yourself (information on invitation). Space is limited for the convention and at the hotel. **[Register today–click here!](#)**

**Get Social With CARA.** Did you know that CARA is on Facebook? Learn about our local activities and meetings, town halls and about other news affecting retirees. **[Be sure to like our CARA Facebook page here.](#)** Make sure your friends and family like this page too. Help retirees build power by liking CARA's Facebook page. Every like and share helps spread our message.

### **You can contact CARA at:**

CARA, 600 Grand Ave. #410, Oakland, CA 94610

**NORTH:** 510-663-4086 • 510-663-4099 (fax) • [jreid.cara@gmail.com](mailto:jreid.cara@gmail.com)

**CENTRAL VALLEY:** 714-488-5488 • [Vishnu.cara@gmail.com](mailto:Vishnu.cara@gmail.com)

**SOUTH:**

**LA COUNTY:** 917-434-3220 • [jennichang.cara@gmail.com](mailto:jennichang.cara@gmail.com)

**ORANGE/SAN DIEGO:** 714-460-3542 • [smeyer.cara@gmail.com](mailto:smeyer.cara@gmail.com)

**OTHER SOUTHERN CA COUNTIES:** 714-488-5488 • [Vishnu.cara@gmail.com](mailto:Vishnu.cara@gmail.com)

**TOLLFREE** 1-877-223-6107 • [www.californiaalliance.org](http://www.californiaalliance.org)