



CARA Alert – July 16, 2019

A publication of the California Alliance for Retired Americans

Register for CARA's 16th Annual Convention

Oct. 22nd and 23rd at the Sacramento Masonic Center

1123 J Street, Sacramento

Oct. 22nd: 10am - 5pm (Retiree of the Year Award dinner at 6pm)

Oct. 23rd: 8:30am -12 noon



You don't want to miss this event. We have great speakers, workshops, entertainment and more planned. A block of hotel rooms at the Holiday Inn at I and 16th Sts. has been reserved for CARA folks – you must reserve your room yourself (information on invitation). Space is limited. [Register today—click here!](#)

CARA Summer/Fall Training Schedule

CARA is continuing to offer trainings, forums, fundraisers, and more this summer. These events are happening all around the state, so look for an event near you. More will be added, so stay tuned!!! You must RSVP at 877-223-6107.

| City | Date and Time | Location | Training/Fundraisers |
|---------------|---|--|--|
| Manteca | Mon, July 22 nd | Manteca Library 329 W Center St | Schools and Communities First |
| San Francisco | Tues, July 23 rd 2pm-4pm | SF Main Library Koret Auditorium 100 Larkin St | Schools and Communities First Act |
| Santa Rosa | Saturday, July 27 th 9am-12pm | Oliver's Market 560 Montecito Center | Bake Sale for CARA (bake or buy) |
| Los Gatos | Sunday, July 28 th 2pm-4pm | Whiteford Residence 181 Anne Way | Winetasting and CARA fundraiser (Donation \$20) |
| Long Beach | Saturday, August 17 th 2pm-4pm | The Club House 610 John K. Drive | Medicare 4 All /CARA Fundraiser Myron: 562-353-7015 |
| Richmond | Thursday, August 22 nd 8:30am pick up Return early evening | Bus boards at 24 th and Barrett Ave (behind Richmond Auditorium) | Red Hawk Casino (\$40 donation/\$15 refund & \$5 food coupon) Fundraiser for CARA |
| San Rafael | Tues, Sept 3 rd 10am-12pm | Marin Office of Education 1111 Las Gallinas Ave | Schools and Communities First Act |
| Oakland | Thursday, Sept. 5 th 9:30am – 12pm | Center for Healthy Communities | Schools and Communities First Act |

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| | | 2000 Franklin St, Laurel Rm | |
| Rocklin | Wed, Sept 11 th 10am-12pm | Stanford Apts Community Room 3220 Sante Fe Way | Schools and Communities First |
| Redding | Friday, Sept. 13 th | CTA Office 760 Cypress, Suite 301 | Schools and Communities First Act |
| Santa Rosa | Wed, Sept 18 10am-12pm | UUCSR Glaser Center Room 545 547 Mendocino Ave | Schools and Communities First Act |

National Democratic Seniors Coordinating Council

**Meeting in San Francisco on Thursday, August 22nd
10am- 12pm / Hilton SF – Union Square – 333 O’Farrell St., SF**

The National Democratic Seniors Coordinating Council, an official body of the Democratic National Committee, will be meeting in conjunction with the summer meeting of the DNC in San Francisco. The Seniors Council was designed to give older Democrats (and others) a voice within the DNC on issues like Medicare and Social Security and to mobilize older voters in the upcoming elections.

Speakers at this year’s meeting include our very own Rich Fiesta, Executive Director of the Alliance for Retired Americans, Jon “Bowzer” Bauman from Sha Na Na and Max Richtman, President of the National Committee to Preserve Medicare and Social Security. Several members of Congress are also expected to attend.

If you are interested in attending, please RSVP to Hene Kelly, CARA’s legislative director, at 415-533-5244 or email her at henekelly@aol.com.



CARA HAS A NEW CAT – Welcome Inland Empire!!!

On Friday, June 14th, CARA held a Senior Forum – Protecting Medicare, Medicaid and Social Security. The event was held at the Rialto Community Center, and hosted by Mayor Deborah Robertson. Congressmembers Norma Torres and Pete Aguilar, who both represent parts of the Inland Empire were on hand to provide updates from Washington D.C. and to encourage folks to participate with CARA. Those in attendance voted to start an Inland Empire – Metro Region CAT. Their meetings will be on ***the first Tuesday of each month, from 10am – 12pm at the Grace Vargas Senior Center, 1411 S. Riverside Ave in Rialto.*** If you live in the Inland Empire, or know folks who do, please join us at our CAT meetings, and help the Inland Empire PURR. For information, contact Susan Meyer at 714-460-3542.

Get Social With CARA. Did you know that CARA is on Facebook? Learn about our local activities and meetings, town halls and about other news affecting retirees. [Be sure to like our CARA Facebook page here.](#) Make sure your friends and family like this page too. Help retirees build power by liking CARA's Facebook page. Every like and share helps spread our message.

You can contact CARA at:

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