

# EMPOWERED ELDER WORKSHOP

# KNOW YOUR RIGHTS

## HOSPITAL STAY! – WHAT ARE MY RIGHTS?

(How to protect ourselves, our loved-ones, our patients!)

- Who will help you when you are taken to the hospital?
- Coming out of surgery, will you have decisions to make?
- What about insurance? Care instructions? Observation status or hospital admission? Safe discharge planning?



HELP is at hand! Come learn how many people taken to the hospital become victims of the system and how you and your caregiver can avoid serious pitfalls. Then, get started on your action plan.

Learn about the Vial of Life Program, Advanced Directives, and more!



**Tuesday, September 3, 2019**  
**12:30pm – 2:00pm**  
**Eureka Senior Resource Center**  
**1910 California Street, Eureka**

Free event. Door drawing. Light Refreshments.  
RSVP: Senior Service Office at (707) 443-9747 Ext 1240  
Sponsored by the California Alliance for Retired Americans (CARA)

***Join our Empowered Elder Workshop!***

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