



CARA Alert – May 6, 2019
A publication of the California Alliance for Retired Americans

DISABILITY & AGING CAPITOL ACTION DAY
Thursday, May 23, 2019 /10:00am – 3:00pm
Cesar Chavez Park, 910 I St, Sacramento
SOUTH Steps of Capitol, Sacramento - N St

FREE Transportation Still Available (call 510-663-4086 to reserve a seat)

Berkeley: Pick up at Ashby BART - Adeline St at 8am
Fresno: Pick up at Blackstone and Gettysburg at 7am
Modesto: Pick up at CVS - Briggsmore and Highway 99 at 8:30am
Novato: Pick up at Novato Costco - 300 Vintage Way at 8:15am
Redding: Pick up at Labor Center - 900 Locust St. at 7am
Richmond: Pick up at Target - MacDonald & 42nd at 8:30am
Roseville: Pick up at UDW office - 4220 Rocklin Rd Ave at 9:30am
San Francisco: Pick up at Asian Museum Library - 200 Larkin & Fulton at 8:00am
San Jose: Pick up at Labor Center - 2012 Almaden Rd. at 7:30am
Santa Rosa: Pick up at Finley Comm. Center - 2060 W. College Ave at 7:30am
Stockton: Pick up at Clarion Hotel - Waterloo & Highway 99 at 9:30am

MAY 23 - POLICY TRAINING TELECONFERENCE
MONDAY, MAY 20, 2019 / 2pm - 3:30pm

Whether you plan to attend our May 23rd Disability and Aging Capitol action day in person, or you plan to call your legislators on that day to show your support, we invite you to join our teleconference and webinar to learn about the policy platform we will be promoting – as well as other key logistics for the day.

Please click the link below to join the webinar on May 20th:

<https://zoom.us/j/384972947>

Or Call - you can use either number:

1(669) 900 6833 -- Access Code/Meeting ID: 384972947#

or 1(408) 638 0968 -- Access Code/Meeting ID: 384972947#

Call Your State Legislator on May 23rd

If you are unable to attend the Lobby Day in person, please call your State Assemblymember and Senator on May 23rd. Tell them you are part of CARA and the Disability Action Network, and you support these issues: **SB 512 (Pan)**- Funding for long term supports and services and **AB 1434 (Kalra)**-Increasing SSI/SSP base grant and reinstating COLA. A free toll-free number will be available soon. Stay tuned!

IT'S STILL SPRING TRAINING TIME AT CARA

CARA has held dozens of trainings and forums so far this spring – and they have been fantastic. You don't want to miss the opportunity to attend one or more in your area. **If you are interested in attending, you must rsvp at 877-223-6107.**

City	Date and Time	Location	Training topic
Covina	Saturday, May 4 th 11am – 3pm	409 Cedar Dr.	CARA House Party and fundraiser with Dr. Paul Song
Orange	Wednesday, May 15 th 10am – 12pm	Teamster Local 952 140 S. Marks Way	Empowered Elder workshop
Santa Ana	Monday, May 20 th 3pm – 6pm	Chapter One Restaurant – 227 N. Broadway	CARA Bingo/Fundraiser
Manteca	Monday, May 20 th 10am – 12pm	Manteca Library 320 W. Center St	Seniors and Single Payer
San Diego	Tuesday, May 21 st 11am – 12pm	Sheet Metal Workers 4594 Mission Gorge Pl	Empowered Elder Workshop
Bakersfield	Tuesday, June 4 th 1:30pm – 3pm	ILRC of Kern County 5251 Office Park Dr, #200	Schools & communities first training
San Rafael	Tuesday, June 4 th 10am – 12:00pm	Marin County Board of Education 1111 Las Gallinas	Empowered Elder Workshop
Rialto	Friday, June 14 10am – 12pm	Rialto Community Center 214 N. Palm Ave	Inland Empire Senior Forum
San Diego	Tuesday, June 18 10am – 12pm	Sheet Metal Workers 4594 Mission Gorge Pl	Federal and State Legislators – Speak OUT/ Fundraiser
Santa Rosa	Wed. June 19 th 10am – 12pm	Glacer Center/UUSR 547 Mendocino Ave Santa Rosa	Seniors and Single Payer
Manteca	Monday, June 24 th 10am – 12pm	Manteca Library 320 W. Center St	Empowered Elder Workshop

SAVE THESE DATES

THURSDAY, MAY 23RD – SACRAMENTO (10am-3pm) / **DISABILITY AND AGING CAPITOL ACTION DAY.** Free Transportation from various locations is available. Call CARA to reserve a seat at 877-223-6107! If you cannot attend in person, we will be sending a Sacramento switchboard number to call and talk with your Assemblymember and Senator and show your support on May 23rd. Call in information will be sent out the week of May 19th.

TUESDAY/WEDNESDAY, OCTOBER 22ND AND 23RD – **CARA CONVENTION IN SACRAMENTO.** Details and registration information will be mailed and available on line in late May.

You can contact CARA at:

CARA, 600 Grand Ave. #410, Oakland, CA 94610

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SOUTH:

LA COUNTY: 917-434-3220 • jennichang.cara@gmail.com

ORANGE/SAN DIEGO: 714-460-3542 • smeyer.cara@gmail.com

OTHER SOUTHERN CA COUNTIES: 714-488-5488 • Vishnu.cara@gmail.com

TOLLFREE 1-877-223-6107 • www.californiaalliance.org