



CARA Alert – February 18, 2019

A publication of the California Alliance for Retired Americans.

IT'S SPRING TRAINING TIME AT CARA

CARA is planning a series of trainings and educational forums around the state this spring. Some of these trainings are on CARA's issues, some are skills trainings and some provide important information about your rights. Below is an initial list. There is sure to be one in your area, so please read your CARA Alerts regularly for updates. For now, if you are interested in attending a training, you must rsvp at 877-223-6107.

City	Date and Time	Location	Training topic
Redding	Friday, March 15 12:30-3pm	IBEW #340 900 Locust St Redding	How to Communicate with Elected Officials
Santa Rosa	Wed., March 20 th 10am-12pm	Glacer Center/UUSR 547 Mendocino Ave Santa Rosa	Empowered Elder Workshop
San Rafael	Tuesday, April 2 10am – 12pm	Temple Rodef Shalom 170 N. San Pedro Rd. San Rafael	Seniors and Single Payer
Richmond	Monday, April 8 10am-12pm	Richmond Auditorium 403 Civic Center Way Richmond	Schools and Communities first (Prop 13 reform)
Rocklin	Wed. April 10 th 10am-12pm	Rocklin Event Center 2650 Sunset Blvd. Rocklin	Empowered Elder Workshop
San Francisco	Thurs., April 11 th 1pm-3pm	Unitarian Church SF 1188 Franklin St. San Francisco	Your Rights in a Hospital
Redding	Friday, April 12 th 10am – 12pm	Redding Library 1100 Parkview Ave. Redding	Empowered Elder Same as march 20
Sacramento	Saturday, April 13 10am-12pm	HART Senior Center 915 27 th St. Sacramento	Seniors and Single Payer
San Jose	Thursday, April 25 th 12 – 3pm (lunch included)	South Bay CLC 2102 Almaden Rd – Carpenters Hall A San Jose	Empowered Elder Workshop

Berkeley	Friday, April 26 th 10am-12pm	Ed Roberts Center 3075 Adeline St. Berkeley	Seniors and Single Payer
Santa Rosa	Mon & Tues, April 29-30 10am – 4pm Two days- lunch included	Glacer Center/UUSR 547 Mendocino Ave Santa Rosa	Leadership Academy (2 day training)
Santa Rosa	Wed. June 19 th 10am-12pm	Glacer Center/UUSR 547 Mendocino Ave Santa Rosa	Seniors and Single Payer

TIME TO CALL FOR HEALTH CARE FOR ALL

The campaign to win guaranteed health care for everyone is heating up in California and in Washington D.C. At the state level, we expect to have a new bill introduced by February 22nd. In the meantime, a new Health Care Council was created as part of the budget deal last year and we are awaiting appointments by Governor Newsom (3 appointments), the Senate Pro Tem (Sen. Toni Atkins – 1 appointment), and the Speaker of the Assembly (Anthony Rendon- 1 appointment). The Healthy California Campaign, a coalition of organizations dedicated to passing single payer health care in California (CARA is a member), has submitted names to fill these positions. This councilwill be instrumental in guiding California's health care policy and we want these appointments to be single payer supporters. Please call these legislators and urge them to appoint the Healthy CA Campaigns' recommended nominees. Here are their numbers:

Governor Newsom: 916-445-2841

Senator Toni Atkins (Pro Tem): 916-651-4039

Speaker Anthony Rendon: 916-319-2063

At the national level, Congresswoman Jayapal (Washington) is introducing her national Improved Medicare for All bill within the next week or two. We want to have 100 Congressional co-sponsors when this bill is introduced. Please call your Congressman and urge them to sign on as a co-sponsor. The toll free number to call your Congressman is: **844-852-0234**.

Speaker Pelosi has a huge role to play in helping move this bill forward and getting it scheduled for a hearing in Congress. Please call the Speaker and urge her to assign the Medicare for All bill to a committee for a hearing when it is introduced. You can reach her at:

202-225-4965 (D.C.) or 415-556-4862 (San Francisco)

SAVE THESE DATES

THURSDAY, MAY 23RD – SACRAMENTO (10-3pm) / CARA LOBBY DAY/ IN PARTNERSHIP WITH DISABILITY CAPITOL ACTION COALITION. Free Transportation from various locations is available. Call CARA to reserve a seat at 877-223-6107!

MONDAY/TUESDAY, OCTOBER 22ND AND 23RD – CARA CONVENTION IN SACRAMENTO. Details and registration information, along will be available soon.

You can contact CARA at:

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