



CARA Alert – March 4, 2019

A publication of the California Alliance for Retired Americans.

IT'S SPRING TRAINING TIME AT CARA

CARA is planning a series of trainings and educational forums around the state this spring. Some of these trainings are on CARA's issues, some are skills trainings and some provide important information about your rights. Below is an initial list. There is sure to be one in your area, so please read your CARA Alerts regularly for updates. For now, if you are interested in attending a training, you must rsvp at 877-223-6107.

City	Date and Time	Location	Training topic
Redding	Friday, March 15 12:30-3pm	IBEW #340 900 Locust St Redding	How to Communicate with Elected Officials
Santa Rosa	Wed., March 20 th 10am-12pm	Glacier Center/UUSR 547 Mendocino Ave Santa Rosa	Empowered Elder Workshop
San Rafael	Tuesday, April 2 10am – 12:30pm	Temple Rodef Shalom 170 N. San Pedro Rd. San Rafael	Seniors and Single Payer
Richmond	Monday, April 8 10am-12pm	Richmond Auditorium 403 Civic Center Way Richmond	Schools and Communities first (Prop 13 reform)
Rocklin	Wed. April 10 th 10am-12pm	Rocklin Event Center 2650 Sunset Blvd. Rocklin	Empowered Elder Workshop
San Francisco	Thurs., April 11 th 1pm-3pm	Unitarian Church SF 1188 Franklin St. San Francisco	Your Rights in a Hospital
Redding	Friday, April 12 th 10am – 12pm	Redding Library 1100 Parkview Ave. Redding	Empowered Elder Same as march 20
Sacramento	Saturday, April 13 10am-12pm	HART Senior Center 915 27 th St. Sacramento	Seniors and Single Payer
San Jose	Thursday, April 25 th 12 – 3pm (lunch included)	South Bay CLC 2102 Almaden Rd – Carpenters Hall A San Jose	Empowered Elder Workshop
Berkeley	Friday, April 26 th 10am-12pm	Ed Roberts Center 3075 Adeline St. Berkeley	Seniors and Single Payer
Santa Rosa	Mon & Tues, April 29-30 10am – 4pm Two days- lunch included	Glacier Center/UUSR 547 Mendocino Ave Santa Rosa	Leadership Academy (2 day training)
Santa Rosa	Wed. June 19 th 10am-12pm	Glacier Center/UUSR 547 Mendocino Ave Santa Rosa	Seniors and Single Payer

Labor, Community, and Health Advocacy Organizations Launch Renewed Campaign to Win California Medicare for All

(press release from the Healthy CA Campaign which CARA is a member of)

Less than one week after the introduction of a federal Medicare For All bill in the House of Representatives, a statewide, non-partisan coalition comprised of community, consumer, labor, health, disability, LGBTQ, business, and political organizations launched the renewed and reinvigorated *Healthy California* campaign.

The campaign is founded on the principles that healthcare is a human right, and that publicly and equitably financed access to quality care for all residents of California is critical to our state's social and economic well-being. It is dedicated to establishing a single-payer Medicare For All system in California as a model for an equitable U.S. healthcare system with no barriers to care.

“Every day, Californians must deal with an expensive, inefficient, healthcare system that doesn't work,” said Healthy California Vice Chair Sal Rosselli, who is also president of the National Union of Healthcare Workers. “We're tired of increasing costs, limited provider choices, escalating drug prices, surprise bills, and health plans that cost more and cover less. We want the peace of mind provided by guaranteed physical and mental health care we can count on wherever and whenever we need it — and we are going to win.”

California is poised to set the pace for the national Medicare for All movement. Last year, the state legislature authorized and funded the five-member **Council on Health Care Delivery Systems**. The council, which is awaiting appointments from Gov. Gavin Newsom and the State Senate, is charged with studying what must be done legally, financially, and administratively to build a single payer system — and to make recommendations to the legislature. Healthy California has already recommended appointments to the council and stands ready to support its work.

“Our goal is to create a ‘shovel-ready’ single-payer healthcare system that can be submitted to the federal government for approval,” said Healthy California campaign Chair Cindy Young. “It's time to liberate California from the stranglehold of the health insurance companies and the pharmaceutical industry, and to deliver guaranteed healthcare to all of our residents. Dan Geiger, Healthy California Treasurer, and Co-Director of the Business Alliance for a Healthy California, added: “California has never been better positioned to achieve a single-payer health care system that provides access for all state residents while saving Californian businesses and residents money.

The Healthy California campaign will be challenging elected officials to take a stand, to overcome the money and power of the insurance industry and the drug companies, and to deliver on the imperative of providing healthcare to all Californians as a right.”

Healthy California also supports the federal Medicare for All Act of 2019 (HR 1384), introduced last week by Rep. Pramila Jayapal, D-Washington. It is already working to line up support among all 53 California members of congress to add their names to the legislation and educate their constituents about it.

Make A Call for Health Care for All

The campaign to win guaranteed health care for everyone is heating up in California and in Washington D.C. At the State level, a new Health Care Council was created as part of the budget deal last year and we are awaiting appointments by Governor Newsom (3 appointments), the Senate Pro Tem (Sen. Toni Atkins – 1 appointment), and the Speaker of the Assembly (Anthony Rendon –

1 appointment). The Healthy California Campaign has submitted names to fill these positions. Please call these legislators and urge them to appoint the Healthy CA Campaigns' recommended nominees.

Governor Newsom: 916-445-2841

Senator Toni Atkins (Pro Tem): 916-651-4039

Speaker Anthony Rendon: 916-319-2063

At the national level, Congresswoman Jayapal (Washington) introduced Her Medicare for All – HR 1384 last week with 106 co-sponsors. 25 of these are from California – and we want to get the rest of the CA delegation to sign on. Here is the list of the CA Congressmembers who have signed on. If your Representative has signed on, call them and thank them. If they have not, call them and urge them to sign on. Call your Congressman and urge them to sign on as a co-sponsor. The toll-free number to call your Congressman is: **844-852-0234**.

CA Co-Sponsors to HR 1384 as of Feb. 28, 2019:

Rep. Barragan, Nanette Diaz [D-CA-44]*

Rep. Bass, Karen [D-CA-37]*

Rep. Chu, Judy [D-CA-27]*

Rep. DeSaulnier, Mark [D-CA-11]*

Rep. Gomez, Jimmy [D-CA-34]*

Rep. Harder, Josh [D-CA-10]*

Rep. Hill, Katie [D-CA-25]*

Rep. Huffman, Jared [D-CA-2]*

Rep. Khanna, Ro [D-CA-17]*

Rep. Lee, Barbara [D-CA-13]*

Rep. Levin, Mike [D-CA-49]*

Rep. Lieu, Ted [D-CA-33]*

Rep. Lowenthal, Alan S. [D-CA-47]*

Rep. McNerney, Jerry [D-CA-9]*

Rep. Napolitano, Grace F. [D-CA-32]*

Rep. Panetta, Jimmy [D-CA-20]*

Rep. Porter, Katie [D-CA-45]*

Rep. Roybal-Allard, Lucille [D-CA-40]*

Rep. Sanchez, Linda T. [D-CA-38]*

Rep. Schiff, Adam B. [D-CA-28]*

Rep. Speier, Jackie [D-CA-14]*

Rep. Swalwell, Eric [D-CA-15]*

Rep. Takano, Mark [D-CA-41]*

Rep. Thompson, Mike [D-CA-5]*

Rep. Waters, Maxine [D-CA-43]*

SAVE THESE DATES

THURSDAY, MAY 23RD – SACRAMENTO (10-3pm)

CARA LOBBY DAY IN PARTNERSHIP WITH DISABILITY CAPITOL ACTION COALITION.

Free Transportation from various locations is available. Call CARA to reserve a seat at 877-223-6107!

MONDAY/TUESDAY, OCTOBER 22ND AND 23RD

CARA CONVENTION IN SACRAMENTO. Details and registration information, along will be available soon.

Please support this national March for LGBT Senior Rights on Wednesday, March 13th, 2019. Call your Congressman to urge their support! Spread the word.



You can contact CARA at:

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