



SENIOR LEADERSHIP ACADEMY

Coming to Santa Rosa (Sonoma County) on

April 29th and 30th, 2019 (10am-4pm)

Glacer Center (UUCSR), 547 Mendocino Ave, Santa Rosa

FREE for CARA Members/Affiliates

\$50 for the public

Why: The days ahead will require strong leadership and committed partnerships to win real health care reform, protect essential services, preserve Social Security and Medicare, and address the concerns of seniors at the state and national level. The CARA Education Fund created the Senior Leadership Academy to help us learn the skills to be better prepared for the challenges ahead.

What: Workshop sessions are designed to be informative, interactive, and fun! During the course of the training, you will assess your leadership style, learn how to take your issue to policymakers and the media, practice your public speaking skills, and use social media to make your message heard. And you will share your insights and experiences with others as you work to build the strength of CARA and our partnering organizations.

Who Can Attend: CARA Members and Affiliates, Senior and Disability Advocates and Activists. Members of the public who are not affiliated with CARA are welcome but must pay \$50 to CARA.

Cost: This training is FREE for CARA members. Refreshments and Lunch will be provided on both days, along with training materials. Space is limited so you must register using the form below by April 22, 2018. There is a parking lot behind the Church on 7th St. For those who do not want to drive back and forth each day, we encourage you to stay at a local hotel – CARA can refer to ones nearby.

**I want to sign up for the Senior Leadership Academy
Monday and Tuesday, April 29th and 30th, from 10am - 4pm
Unitarian Universalist Church of Santa Rosa, 547 Mendocino Ave., Santa Rosa**

Name: _____

Organization: _____

Address: _____ Zip: _____

Phone: _____ email: _____

____ Enclosed is \$50 (made payable to CARA) for non-CARA Members.

You must rsvp by April 22, 2019 to assure a space by sending this form to: CARA, 600 Grand Avenue, Suite 410, Oakland, CA 94610. *Space is limited, so please respond soon.* For more information, call CARA at 510-663-4086. www.californiaalliance.org.