



## **CARA Alert – April 16, 2018**

A publication of the California Alliance for Retired Americans

### **CONGRESSIONAL CANDIDATE FORUMS AND OTHER TOWN HALLS IN MARCH AND APRIL FIND AN EVENT NEAR YOU!**

CARA is hosting events all around the State this month to engage seniors on key issues in order to impact the 2018 elections. CARA is also targeting several Congressional Districts where we plan to hold (or held) Candidate Forums so that senior voters can learn where the candidates stand on issues like protecting, improving and expanding Medicare, Medicaid and Social Security. We are also sponsoring educational forums on issues like Single Payer, Medicare and Medicaid, and Social Security. Several of these events have already occurred – Congressional Candidate Forums in CD 25, 4, 49 and more this week and next. They have been fabulous. Hundreds of seniors have been turning out, most of the candidates and the town halls have been lively, well attended, and informative. If you have not had a chance to attend one of these events – its' not too late. Below is a list of the events still scheduled this week and next. Please try to attend one near you. We also plan to put some of the highlights of these events on our website – both videos and photos. Take a look at [www.californiaalliance.org](http://www.californiaalliance.org).

#### **Congressional Candidate Forums in Target Districts Medicare/Medicaid and Social Security**

<b>Congressional District and Incumbent</b>	<b>City</b>	<b>Date</b>	<b>Location</b>
CD 10 (Denham)	Salida/Modesto	<b>Monday, April 16 11am – 1pm</b>	Salida Library 4835 Sisk Rd, Salida
CD 21/22 (Valadao/Nunes)	Hanford	<b>Tuesday, April 24 1pm – 3pm</b>	Hanford Fraternal Hall 1015 N. 10 <sup>th</sup> Ave, Hanford
CD 48 (Rohrbacher)	Costa Mesa	<b>Wednesday, April 25 9:30am-12pm</b>	Orange Coast Unitarian Universalist Church 2845 Mesa Verde Dr. E, Costa Mesa

## Issue/ Senior Vote Forums Around the State

City	Topic for Forum	Date of Event	Location
Redding/5 Counties	CD1 Congressional Candidate Forum	<b>Sunday, April 29</b> <b>1pm-4pm</b>	Redding Senior Center 2290 Benton Rd., Redding
Richmond	Medicare/Social Security	<b>Tuesday, April 17</b> <b>9:30am – 12pm</b>	Richmond Auditorium 403 Civic Center Dr., Richmond
San Jose	Senior Forum with elected reps	<b>Saturday, April 21</b> <b>9:30am-2pm</b> <b>(lunch \$20)</b>	SEIU 521 2302 Zanker Rd., San Jose

### **CARA Statewide In-District Senior Lobby Day June 8, 2018**

CARA is planning to hold our annual lobby day in each of the State Assembly and Senate Districts on June 8<sup>th</sup>. We hope to have 120 district meetings all on the same day, in each legislator's district office. CARA members/constituents will meet with their elected officials to talk about CARA's key priority bills. If you would like to join other CARA members in your area and meet with your CA Assemblymember or Senator, let us know. We will plug you in. Call CARA at 877-223-6107 (toll free). We are planning to hold a tele-training with all CARA volunteers to go over the bills that we will be discussing and prepare you for these meetings. Please sign up for a meeting with your state legislator today!



### **CARA OFFERS TWO LEADERSHIP ACADEMY TRAINING SESSIONS IN MAY AND JUNE**

***FREE for CARA MEMBERS. SIGN UP TODAY***  
***Fresno (UFCW Golden State) on May 22<sup>nd</sup> & 23<sup>rd</sup>***  
***Orange (Teamsters Local 952) on June 28<sup>th</sup> & 29<sup>th</sup>***

***Program from 10am – 8pm on first day; 10am – 4pm on second day***

CARA's famous Leadership Academy 2 day training program is being offered 2 times this Spring! These two trainings are being held in our targeted Congressional districts so that folks working in these districts can attend. Workshop sessions are designed to be informative, interactive, and fun! During the course of the training, you will assess your leadership style, learn how to take your issue to policymakers and the media,

practice your public speaking skills, and use social media to make your message heard. You will share your experiences with others as you work to build the strength of CARA and your organization.

The Leadership Academy is FREE for CARA Members and Affiliates. Members of the public who are not affiliated with CARA can attend with a \$50 registration fee. Refreshments and Lunch will be provided on both days, along with training materials. Dinner is also included. Space is limited so you must register by May 17<sup>th</sup> for the training in Fresno and June 21 for the one in Orange. There is plenty of free parking at both sites. For those who do not want to drive back and forth each day, CARA has reserved a block of rooms in both Fresno and Orange for each of the events. You can book a shared double room for \$75 per person, to be shared with 1 other person (some scholarships for rooms available too). To reserve a room and to register for either event, call CARA at 510-663-4086.

**SUPPORT SB 562 – THE HEALTHY CA ACT  
MAY DAY RALLY – TUESDAY, MAY 1<sup>ST</sup>, 2018 IN SACRAMENTO  
12 noon on the North Steps of the Capitol**

The Campaign to pass SB 562 (the Healthy CA Act) is going full speed ahead. Our goal is to get the State Assembly to assign the bill to a committee so that we can continue working to improve the bill and get it passed before the end of this legislative session. On tax day, April 17<sup>th</sup>, there will be dozens of actions around the state – go to [www.healthycaliforniaact.org](http://www.healthycaliforniaact.org) to find an event near you. Then, on Tuesday, May 1<sup>st</sup> there will be a big rally in Sacramento to celebrate International Worker’s Day and the goal to make sure every worker and resident of California has access to quality, affordable health care.

**You can contact CARA at:**

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**SOUTH:**

**LA COUNTY:** 917-434-3220 • [jennichang.cara@gmail.com](mailto:jennichang.cara@gmail.com)

**ORANGE/SAN DIEGO:** 714-460-3542 • [smeyer.cara@gmail.com](mailto:smeyer.cara@gmail.com)

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