



CARA Alert – January 26, 2018

A publication of the California Alliance for Retired Americans

MEDICARE FOR ALL RALLY AND HEARING!!! BOARD A BUS TO SACRAMENTO WEDNESDAY, FEBRUARY 7TH - 9AM RALLY – NORTH STEPS - 10AM HEARING

Last week hundreds of nurses, community activists and of course CARA members rallied at the state capitol to demand that Speaker Anthony Rendon and the Assembly stop blocking SB 562 and actually work to guarantee healthcare for all in California. It was an impressive show of force. Despite all the efforts to bury the Healthy California Act, it's more alive than ever. And now preparations are underway for the fourth select committee hearing about health care. And this time, they're including our bill!

That's right, the leaders of the select committee promised that finally, open discussion of SB 562 will take place - at their next meeting on Wednesday, February 7th. We need you there. In fact, we need to make this the biggest show of force yet. There are several free buses going to Sacramento. The details are below. You can rsvp for one of these buses by calling the CARA office at 510-663-4086 and we will sign you up or you can register on line. Lunch will be provided at the Capitol, and there will be snacks on the bus. Since the hearing is scheduled to start at 10am sharp (there will be a rally on the North Steps at 9am), we expect the hearing to end by 3pm – but this is not set in stone.

We are also in the process of planning an event in the Los Angeles area on Feb. 7th to show our support for SB 562 and give our Southern CA folks a chance to participate in this event – even if they cannot make it to Sacramento. More details on that to follow.

Also, for those who missed **Bernie Sanders Medicare for All Town Hall**, you can see what over 1.1 million viewers saw and watch on YouTube [here](#) and on Facebook [here](#). It was a very powerful discussion with 3 panels discussing our broken healthcare system, how it impacts business, and the single payer solution in other countries.

Bus Locations & Routes:

You MUST RSVP for a seat by calling CARA at 510-663-4086 OR signing up online at www.bit.ly/sb562-jan17-rsvp

GRASS VALLEY - AUBURN (ADA) 50 Passenger bus

- STOP 1: Departs @ 7:05am Kmart, [111 W McKnight Way, Grass Valley CA](#)
- STOP 2: Departs @ 7:40am Burger & Cream, [403 Grass Valley HWY, Auburn CA](#)
- STOP 3: Departs @ 8:10am United Domestic Workers, [4220 Rocklin Rd, Rocklin CA](#)

OAKLAND - BERKELEY (ADA) 50 Passenger bus

- STOP 1: Departs @ 6:50am from CNA Headquarters, [250 22nd Street, Oakland CA](#)
- STOP 2: Departs @ 7:20am from Ed Roberts Campus across from Ashby Bart, [3075 Adeline St, Berkeley CA](#)

SAN JOSE - WALNUT CREEK (ADA) 50 Passenger bus

- STOP 1: Departs @ 6:15am from South Bay Labor Council, [2102 Almaden Rd, San Jose, CA](#)
- STOP 2: Departs @ 7:30am from Walnut Creek Bart: [200 Ygnacio Valley Rd, Walnut Creek, CA](#)

SAN FRANCISCO - RICHMOND (ADA) 50 Passenger bus

- STOP 1: Departs @ 6:50am from San Francisco Public Library, [150 Fulton Street, SF CA](#)
- STOP 2: Departs @ 7:30am from Target, [4500 MacDonald Ave, Richmond CA](#)

FRESNO/MODESTO - STOCKTON (ADA) 50 Passenger bus

- STOP 1: Departs @ 5:10am from Old Mervyn's, [4150 N Blackstone Ave, Fresno CA](#)
- STOP 2: Departs @ 7:00am from CVS, [2020 W Briggsmore Ave, Modesto, CA](#)
- STOP 3: Departs @ 7:40am from Clarion Hotel, [4219 East Waterloo Rd, Stockton, CA](#)

SAN LUIS OBISPO (24 passenger bus) not ADA

- STOP 1: Departs @ 3:10am from Home Depot Parking [Lot: 1551 Froom Ranch Way, San Luis Obispo, CA](#)



Take Action to Take Back our Country in 2018

Become a Senior Ambassador!

- **The 2018 elections could decide the future of programs that seniors depend upon** – especially Medicare, Medicaid and Social Security. The current national leadership has made cuts and privatization of these programs a top priority – in fact they have already started making these cuts with more to come. Unfortunately, several of our California Congressmembers have voted to support these plans. We must let them know that seniors and our families, regardless of party preference, will not vote for someone who votes to support these devastating cuts to these essential, popular American programs.
- **CARA's Seniors Vote 2018 is targeting 5 Congressional races** where the incumbents continue to vote to dismantle our social insurance programs –

programs that we paid for. We know that seniors could be the deciding votes in these districts (seniors comprise almost 50% of the regular voters in these districts in mid-term elections). Many of these senior voters are isolated, and don't get a lot of information besides what they see on television, hear on the radio, or read in their mail. They vote for incumbents because they recognize their name, have voted for them before, or hear and see their name on advertisements, etc. Many of these voters do not even know that the people they elected are voting to cut the programs that they love and need.

- **CARA's Seniors Vote 2018 will recruit seniors throughout California to "adopt a list" of 20 seniors in one of these key Congressional districts** to call on a regular basis (3-5 times over the year). They will provide important information to help these voters make more informed decisions using candidate answers to questionnaires, scorecards, etc. CARA will not endorse a candidate, but our callers will help provide information so that these seniors can make more informed decisions.
- **Our goal is to talk to up to 10,000 senior voters in the 5 targeted Congressional districts.** We will need hundreds if not thousands of seniors to call a list of 20 people throughout the year (5 times max). This is where you and your friends, family, colleagues, and neighbors come in.
- **Please sign up today to be a Senior Phone Ambassador.** We can take back our country and elect representatives who represent the interests of seniors and our families if we all join the CARA Senior Vote Project. Fill out our Seniors Vote 2018 – Take Action Card today. **You can click [here](#) to download the form** or call the CARA office if you want to sign up or need more information at 877-223-6107 (toll free).

You can contact CARA at:

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